

SOME RESOURCES CITED IN FAMILY HEALTH & LITERACY

Fairfax County EL / Civics Curriculum: Health Modules

Curricula addressing how to navigate the U.S. health care system, available in the following versions and levels.

HOME PAGE: www.aelweb.vcu.edu

Family Literacy Health Curriculum

DIRECT LINK: www.aelweb.vcu.edu/publications/healthlit/sections/d/familylit.pdf

Low Beginner Health Curriculum

DIRECT LINK: www.aelweb.vcu.edu/publications/healthlit/sections/d/lbhealth.pdf

Low Beginner Health Curriculum Landscape Handouts

DIRECT LINK: www.aelweb.vcu.edu/publications/healthlit/sections/d/lbhandouts.pdf

High Beginner Health Curriculum

DIRECT LINK: www.aelweb.vcu.edu/publications/healthlit/sections/d/hbhealth.pdf

High Beginner Health Curriculum Landscape Handouts

DIRECT LINK: www.aelweb.vcu.edu/publications/healthlit/sections/d/hbhandouts.pdf

Low Intermediate Health Curriculum

DIRECT LINK: www.aelweb.vcu.edu/publications/healthlit/sections/d/lihealth.pdf

Healthy Smiles Curriculum

Comprehensive oral health curriculum for family literacy students.

DIRECT LINK:

www.pafamilyliteracy.org/pafamilyliteracy/lib/pafamilyliteracy/HealthySmilesCurriculum.pdf

HOME PAGE: www.pafamilyliteracy.org

Picture Stories for Adult ESL Health Literacy

Eight-lesson curriculum using comic-style picture stories and good teaching points for each. Can be adapted to any level.

HOME PAGE: www.cal.org/caela/esl_resources/Health/healthindex.html

What to Do When Your Child Gets Sick

Available in print only. A comprehensive, easy-to-read, 180-page picture-filled paperback with teacher's guide.

ORDER ONLINE: www.iha4health.org/index.cfm?menuitemid=130&menusubid=61

HOME PAGE: www.iha4health.org

We Can! Energize Our Families: Curriculum for Parents and Caregivers

Six-lesson curriculum addressing activity and calorie balance.

DIRECT LINK:

www.nhlbi.nih.gov/health/public/heart/obesity/wecan_mats/parent_curr.htm

HOME PAGE: www.nhlbi.nih.gov/health/public/heart/obesity/wecan/index.htm

Workshop on Stress by the Scale Health Action Team

Scroll down for workshop on stress.

DIRECT LINK: www.sabes.org/health/scale1.htm

HOME PAGE: www.sabes.org

Lessons

American Heart Lesson Ideas and Activities

Great collection of lessons and activities for pre-K through 8th grade. Use with parents and kids or adapt for adult literacy students.

DIRECT LINK: www.americanheart.org/presenter.jhtml?identifier=3003345

HOME PAGE: www.americanheart.org

Buying Medicine

Lesson for literacy students using Drugstore.com Web site.

DIRECT LINK: www.geocities.com/sgaer/occatosol/drugstore.htm

HOME PAGE: www.geocities.com/sgaer

Educator's Reference Desk

Collection of lesson plans for K through 8th grade that can be adapted for adult learners or activities for parents and children together.

DIRECT LINK: www.eduref.org/cgi-bin/lessons.cgi/Health

HOME PAGE: www.eduref.org

Food and Fun for Families

Lesson plans, handouts, slide shows, and community teaching kits.

DIRECT LINK: www.nal.usda.gov/wicworks/Food_Fun/index.html

HOME PAGE: www.nal.usda.gov

Getting Good Advice

Classroom-tested adult literacy lesson.

DIRECT LINK: www.worlded.org/us/health/lincs/lessons/gardner.htm

HOME PAGE: www.worlded.org/us/health/lincs

Home Fire Safety: What Every Parent Needs to Know

Lesson plan using video, brochure, and discussion.

DIRECT LINK: www.worlded.org/us/health/docs/clclessons/firesafety

HOME PAGE: www.worlded.org/us/health/docs/clclessons

