

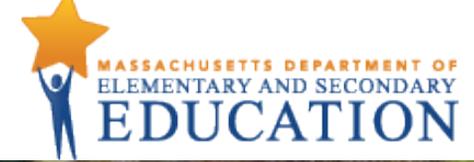


11.4% of Massachusetts households can't confidently predict where their next meal is coming from.

Where can I go to get more information?

www.doe.mass.edu/cnp/nprograms

Massachusetts Department of
Elementary and Secondary
Education, Office for Nutrition
Health & Safety Programs
75 Pleasant Street
Malden, MA 02148
Phone (781)-338-6480



Why are nutritious meals and snacks important for children and adults?

Research has shown that there is a strong relationship between nutrition, health and learning. Your community is in a special position to offer healthy meals to children, in safe and supportive settings.

Older or disabled adults can have limited ability to prepare or access healthy meals. Providing meals and snacks can help them maintain their independence and quality of life.



The Child and Adult Care Food Program in Massachusetts

USDA is an equal opportunity provider and employer.

2014

Child and Adult Care Food Program (CACFP)

PROVIDING NUTRITIOUS MEALS AND SNACKS TO MASSACHUSETTS

What kind of food is served?

- FRUITS, JUICE
- VEGETABLES
- MILK, YOGURT, CHEESE
- MEAT, BEANS, NUTS
- BREAD, PASTA, RICE AND MANY MORE DELICIOUS CHOICES!



Child Care Centers

CACFP provides nutritious meals and snacks to infants and children as a regular part of their day care program. A variety of public or private nonprofit child care centers, such as Head Start and for-profit centers that serve lower income children may be eligible.

Family Day Care

CACFP provides reimbursement for meals and snacks served to small groups of children receiving nonresidential day care in private homes, including informal child care provided by relatives. CACFP serves low-income areas and can make the cost of day care more affordable for many lower income families.

Programs Serving Children

Emergency Shelters

Residents 18 and younger who receive their meals at an emergency shelter are automatically eligible for free meals. There are no application forms for families to fill out. All reimbursable meals are served in group settings, at no cost to the child or to the child's family.

At Risk Afterschool

Afterschool programs that participate in CACFP give children and teenagers the nutrition they need, and draw them into constructive activities that are safe, fun, and filled with opportunities for learning.

Program Serving Adults Adult Day Care Centers

Adult day care centers receive payments for serving nutritious meals to adults who are 60 or older, or who are physically or mentally impaired to the extent that limits their independence and ability to carry out activities of daily living.

CACFP meals give adults the nutrition they need as a routine part of their program. CACFP reimbursements help to lower the cost of serving meals at centers that provide adult day care services to meet the needs of older and /or functionally impaired adults.



CACFP IS A NUTRITION EDUCATION AND MEAL REIMBURSEMENT PROGRAM HELPING PROVIDERS SERVE NUTRITIOUS AND SAFELY PREPARED MEALS AND SNACKS TO CHILDREN AND ADULTS IN DAY CARE SETTINGS.