Name: __________________________ Date: _____________ Classroom: __________

Movement Concepts & Vocabulary Quiz

1. Which word describes a direction?
   A. Forward  
   B. Straight  
   C. Low  
   D. Fast  

2. When rolling a ball, which pathway do you usually want the ball to go?
   A. Straight  
   B. Zigzag  
   C. Fast  

3. How much force should be used to throw a pass to someone far away?
   A. Strong  
   B. Medium  
   C. Light  

4. What is the best pathway when trying to get away from a defender?
   A. Straight  
   B. Zigzag  
   C. Curved  
   D. High  

5. What level is the ball in this photo?
   A. High  
   B. Medium  
   C. Low  

6. What is open space?
   A. Out of bounds  
   B. Next to another player  
   C. Away from other players  
   D. Next to the player with the ball  

7. How much force should be used to throw a pass to someone close?
   A. Fast  
   B. Curved  
   C. Strong  
   D. Light  

8. Which of the following actions best describes a direction?
   A. Throwing a fast ball  
   B. Running forward over the hurdle  
   C. Kicking the ball hard to score  
   D. Skipping in a zigzag pattern  

9. You are in a self/personal space when you are:
   A. Next to another student  
   B. Not near a person or equipment  
   C. Out of bounds  
   D. Close enough to touch another person  

10. What speed do you use when jogging?
    A. Fast  
    B. Medium  
    C. Slow
1. Which word describes a **direction**?
   A. Forward
   B. Straight
   C. Low
   D. Fast

2. When rolling a ball, which **pathway** do you usually want the ball to go?
   A. Straight
   B. Zigzag
   C. Fast

3. How much **force** should be used to throw a pass to someone far away?
   A. Strong
   B. Medium
   C. Light

4. What is the best **pathway** when trying to get away from a defender?
   A. Straight
   B. Zigzag
   C. Curved
   D. High

5. What **level** is the ball in this photo?
   A. High
   B. **Medium**
   C. Low

6. What is **open space**?
   A. Out of bounds
   B. Next to another player
   C. **Away from other players**
   D. Next to the player with the ball

7. How much **force** should be used to throw a pass to someone close?

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8. Which of the following actions best describes a **direction**?
   A. Throwing a curve ball
   B. **Running forward over the hurdle**
   C. Kicking the ball hard to score
   D. Skipping in a zigzag pattern

9. You are in a **self/personal space** when you are:
   A. Next to another student
   B. **Not near a person or equipment**
   C. Out of bounds
   D. Close enough to touch another person

10. What speed do you use when jogging?
    A. Fast
    B. **Medium**
    C. Slow

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The Education Cooperative – DDM – Movement Concepts for Grade 3 2
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