**Fiscal Year 2023 (FY2023) Grant Assurances**

The **Massachusetts Department of Elementary and Secondary Education (Department), in partnership with the Massachusetts Department of Public Health (DPH)** will fund **priority districts (Districts)** to implement the **Healthy Schools for Student Success (the Healthy Schools Program)** via a collaborative agreement with the **Centers for Disease Control and Prevention (CDC).**

The purpose of the CDC’s collaborative approach to *Improving Student Health and Academic Achievement through Nutrition, Physical Activity and the Management of Chronic Conditions in Schools is to utilize the* [Whole School, Whole Community, Whole Child Framework (WSCC)](http://www.ascd.org/programs/learning-and-health/wscc-model.aspx#:~:text=The%20WSCC%20Model%20is%20ASCD's,their%20students%2C%20staff%20and%20environment.) to assess and improve district implementation of evidence-based health and wellness policies and programs.

Year 5 of the Healthy Schools Program initiative will offer participating districts opportunities to deepen integration of WSCC efforts and partnerships to support the long-term sustainability of coordinated school health initiatives. Together, Healthy Schools Programs will receive support to:

* Populate District/School Health Advisory Committees with staff, family and community partners [supporting social emotional learning, health, and safety](https://www.doe.mass.edu/sfs/sel/heart-strategy.pdf) (aka the Department’s “heart strategy”) to coordinate school health and wellness initiatives to reverse health and racial disparities.
* [Use the ASCD Whole Child School Improvement Tool™](http://sitool.ascd.org/Default.aspx) to engage district superintendent, principal and leadership in sustainable health program planning to support educational outcomes.
* Incorporate [Strategies for Using the WSCC Framework](https://www.cdc.gov/healthyschools/wscc/strategies.htm) into local wellness policy revision processes, and receive coaching, training, and technical assistance to

* [Align Wellness Policies to the WSCC model](http://www.ascd.org/programs/learning-and-health/wscc-implementation.aspx) via resources from national and state NGO partners, including but not limited to the [WellSAT Learning and Implementation Guide](https://docs.google.com/document/d/1Yf1PINxyqC2mUE89bj4ULxOl5KhlD9EKqUtKG6p5oEw/edit?usp=sharing) and [Alliance for a Healthier Generation Local Wellness Policy Resources](https://www.healthiergeneration.org/take-action/schools/wellness-topics/policy-environment/local-school-wellness-policy) available online.

**This document outlines the roles and responsibilities of the grantees, as well as the support that the Department, DPH, CDC and other partners will provide (see next page).** By signing below, the district acknowledges awareness of and the full scope of this grant requirements.

During FY2023, the district agrees to:

\_\_\_\_\_\_\_ Designate a **district team lead** to coordinate WSCC-based initiatives with the Department and participating schools, and maintain communication with Department staff to oversee the following grant objectives, including during recurring monthly grantee check-in calls/ videoconferences, and participation in 1-2 annual district site visit or needs assessments, to inform and improve program planning and peer-to-peer learning opportunities.

\_\_\_\_\_\_\_ Designate a **business/grant office lead** (with access to EdGrants) to support District Team Lead in managing administrative and fiscal functions; grant expenditures and funds requests to program activities; and report any anticipated difficulties spending the grant award in full to the Department program specialist as soon as known.

\_\_\_\_\_\_ Maintain a **district wellness committee**, to coordinate district-/school-level infrastructure across programs funded to [support social-emotional learning, health, and safety](https://www.doe.mass.edu/sfs/sel/heart-strategy.pdf) (also known as the "heart" strategy) as well as accelerate health and racial equity utilizing strategies contained in the Commissioner's [Our Way Forward](https://www.doe.mass.edu/bese/docs/fy2019/2019-06/item2.docx) 2019 report to the Board: *Deeper Learning for All, and racial justice lens of the Department of Public Health’s* [COVID Community Impact Survey](https://www.mass.gov/info-details/covid-19-community-impact-survey)*.*

\_\_\_\_\_\_ Develop and maintain a **district-level action plan** with SMART goals that include priorities for sustainability, district wellness policy, and local wellness policies and programs, including but not limited to: nutrition, physical activity, and chronic disease management.

\_\_\_\_\_\_ Provide support to school level leads to maintain and sustain **school-level wellness teams** that meet a minimum of 4 times during the school year.

\_\_\_\_\_\_ Support staff to attend wellness offerings, including recommended live, hybrid or online training opportunities; site visits/planning meetings; and to access continuing education units or [Healthy Schools Professional Development Points](https://drive.google.com/open?id=1TsK86VQ7MGqYp7XxpT8CINHKfaRptUYU), and technical assistance (TA) upon request.

\_\_\_\_\_\_ Enroll district wellness team leads in [School Wellness Coaching Program](https://johnstalkerinstitute.org/blog/2021/05/10/massachusetts-school-wellness-coaching-program-2021-2022/) (Tier 1 or Tier 2) and/or contribute to HSP efforts to craft an individualized coaching plan with FC650 contract manager or HSP vendor to ensure draft revision of **Local Wellness Policy (LWP) is in process, if not ideally approved and posted online** by the end of Year 5. Access support to develop a comprehensive, diverse key stakeholder outreach, communication, feedback and revision process designed to generate an inclusive wellness policy draft that the whole school health community is invested in and eager to bring to a vote at school community.

\_\_\_\_\_\_ Maintain staff trained to support school-level leads to utilize the online [School Health Index (SHI)](http://www.cdc.gov/healthyschools/shi/index.htm) and other WSCC-derived evidence-based **action and assessment planning tools** (listed on the [Healthy Schools Program website](https://www.doe.mass.edu/sfs/wscc/)) to generate priorities for school level action plans. Districts are requested to track progress towards completing the 11-module online SHI in an online tracker.

\_\_\_\_\_\_\_ Participate in all required data collection, program evaluation and policy assessment activities including but not limited to:

* maintaining current data in the Healthy Schools Program district- & school- wellness team tracker, including: Annual District Calendar/Professional Development Schedule.
* biennial completion of the School Health Profiles Survey
* biennial participation in the **School Health Profiles (SHP) to be completed in FY23 in all high schools**. The Department will work with districts to support YRBS implementation in compliance with local district policy on survey administration in schools, and
* ongoing self-assessment using Department and CDC-recommended tools, and utilization of [WellSAT3.0](http://www.wellsat.org/) to assess and improve school wellness policies.

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| **District Team Lead - Name** | **District Team Lead –**  **Signature** | **Contact Information** | **Date** |
|  |  |  |  |
| **Business/Grant Office Lead - Name** | **Business/Grant Office Lead –**  **Signature** | **Contact Information** | **Date** |
|  |  |  |  |
| **Superintendent –**  **Name** | **Superintendent –**  **Signature** | **Contact Information** | **Date** |

**During the project period, the Department, DPH and its partners will:**

* Dedicate staff responsible to support districts during the project period.
* Facilitate monthly working meetings, providing access to state and national experts, including those with expertise in evidence-based policy and program planning, monitoring, assessment and evaluation tools.
* Provide and/or facilitate access to high quality PD, coaching and training/TA in conjunction with Department/DPH program partners who can be leveraged to maintain WSCC initiatives [supporting social-emotional learning, health, and safety](https://www.doe.mass.edu/sfs/sel/heartstrategy.docx) in Year 5 and beyond.
* Provide support establishing School Wellness Advisory Committees consisting of school staff, family, and community partners (representative of all ten [Whole School, Whole Community, Whole Child Mode](https://www.cdc.gov/healthyschools/wscc/index.htm)l components), in compliance with Section 223 of Chapter 111 of the Massachusetts Generals Laws, and provide support to increase the diversity and comprehensiveness of district and school level wellness teams and family community partners community collaborating to implement equitable, holistic local wellness policies and programs.
* Support implementation of required program evaluation activities including YRBS, SHP, and updates to wellness policies for participating districts using the [WellSAT3.0](http://www.wellsat.org/) wellness policy assessment tool. Feedback will be given to districts on possible improvements to strengthen wellness policy language and improve comprehensiveness of the policies.
* Facilitate an ongoing learning collaborative among district teams to share successful strategies.
* Convene at least quarterly meetings of the School Wellness Initiative for Thriving Community Health (SWITCH) coalition. The SWITCH Coalition is a group of school health and wellness stakeholders from across the state working toward coordinating resources and opportunities that districts can take advantage of to improve student wellness and academic achievement.
* Provide access to newsletters to advertise professional development offerings.