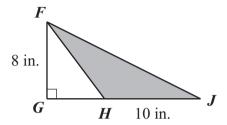
Abby drew $\triangle FGJ$ and FH, as shown in the diagram below.



The figure in the diagram has the following properties:

- Point H lies on \overline{GJ} .
- The length of \overline{FG} is 8 inches.
- The length of \overline{HJ} is 10 inches.

What is the area of the shaded triangle, $\triangle FHJ$?

A. 80 sq. in.

B. 64 sq. in.

C. 48 sq. in.

D. 40 sq. in.