Read the examples from the excerpt in the box below.

- One spring, beneath the Brooklyn Bridge, I saw a red-haired brown rat that had been run over by a car.
- ... people ... throw the food that they have not eaten onto the tracks, along with newspapers and soda bottles and, I have noticed, thousands of no-longer-charged AA batteries, waiting to leak acid.

What do the examples show about the author's research methods?

- A. The author relies on data from published studies.
- B. The author looks for humorous stories about rats.
- C. The author gathers his own field observations
- D. The author contrasts rats with other animals