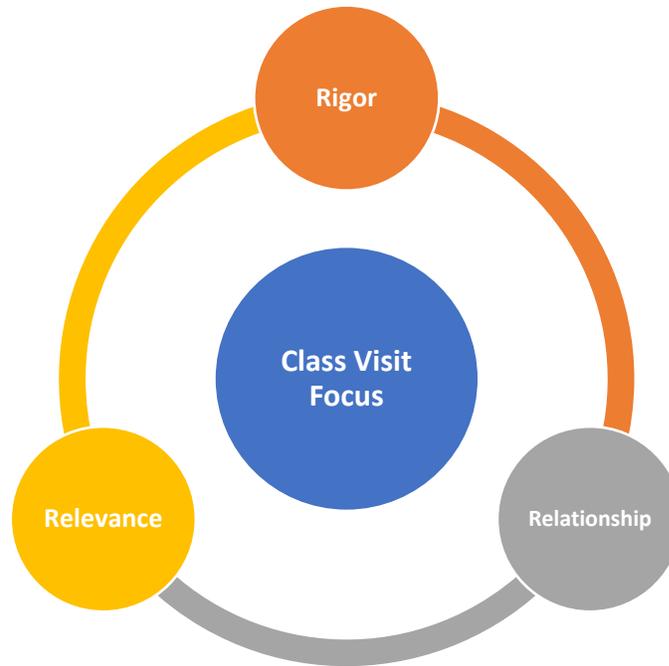


THREE R'S GUIDANCE



RIGOR: Rigor is evident in every step of the lesson: Activities and materials are cognitively challenging, aligned to standards, and scaffolded to ensure all students have access to and are supported in mastering rigorous content. Students do the majority of the cognitive lifting, employ higher order thinking skills, and struggle productively. Students engage with appropriately challenging activities at their level but just beyond their comfort zone. Students use technology tools (beyond just logging into the remote learning platform) to support them in mastering the learning objectives. Students demonstrate their knowledge and skills through a variety of modes (e.g., visual, auditory).

RELEVANCE: Instruction is contextualized to adult learners' lives:¹ It connects objectives and learning activities with students' cultural identities, community contexts, interests, and academic goals. Instructional materials reflect and incorporate the cultural, linguistic, racial, ethnic, and gender diversity of adult learners as assets (not deficits) to learning.

RELATIONSHIP: Students work together to create a product, solve a problem, or co-construct their understanding of a topic, communicate/negotiate meaning while ² adult learners need to succeed in academic and workplace settings. Students are known and appreciated as individuals and are part of a program culture that is affirming and welcoming of all backgrounds and perspectives.

¹ See the five topic areas of the [Teaching Skills That Matter Framework for Adult Education](#): civics, digital literacy, workforce preparation, financial literacy, and health literacy. Programs can also identify other topic areas of interest to students (e.g., re-entry for corrections, family literacy for caregivers).

² See the nine skills that matter in the [Teaching Skills That Matter Framework](#): adaptability and willingness to learn, communication, critical thinking, interpersonal skills, navigating systems, problem solving, processing and analyzing information, respecting differences and diversity, and self-awareness.



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