*In an exemplary Career Development Model (CDM), students participate in a well-designed sequence of career development lessons and activities that become progressively deeper and more intensive as the students gain skills and maturity. This sequence of activities helps students move from the self-discovery phase into cognitive and experiential learning.*

Students **learn through** activities and work experiences that help them explore career options:

* Job Shadowing
* Informational Interviews
* Job Skills Portfolio
* Community Service
* Service Learning
* Leadership in Career Clubs
* Contextual Learning
* Coursework
* Labor Market Information

Students **engage in** immersive work experiences that prepare them for choices about postsecondary education and careers:

* Capstone Projects
* Internships
* Apprenticeship
* Entrepreneurial Enterprise
* Clinical Experiences
* Part-Time Employment
* CVTE Cooperative

Education

Students **learn about** the world of work, including its broad range of industries and occupations:

* Career Speakers
* Career Days
* Career Fairs
* Career Interest Inventories
* Career research reports
* Company tours

Students **discover who they are** to align career interests:

* Personal interests
* Skills
* Talents
* Passions
* Self-awareness activities

MIDDLE/HIGH grades 8-10

HIGH SCHOOL grades 10-12

MIDDLE SCHOOL grades 7-8

MIDDLE SCHOOL grades 6-7