**Executive Summary**

INTRODUCTION

***Health and Risk Behaviors of Massachusetts Youth, 2015***is the product of a collaborative effort between the Massachusetts Department of Elementary and Secondary Education (ESE) and Department of Public Health (DPH) to conduct two youth surveys in Massachusetts public secondary schools.

The Massachusetts Youth Risk Behavior Survey (MYRBS) and Massachusetts Youth Health Survey (MYHS) are conducted every two years to monitor health indicators, behaviors, and risk factors contributing to the leading causes of morbidity, mortality, and social and academic problems among adolescents, including:

* Behaviors related to injuries and violence
* Behaviors related to personal safety
* Alcohol and other drug use
* Tobacco use
* Sexual behaviors related to unintended pregnancy and sexually transmitted infections, including HIV
* Behaviors related to nutrition and physical activity
* Protective Factors
* Other factors related to adolescent health

The 2015 MYRBS and MYHS were conducted in 59 randomly selected public high schools and the MYHS in a random selection of 87 public middle schools across the Commonwealth. Local parent permission procedures were followed prior to the surveys being administered. During survey administration, procedures to protect student privacy were strictly maintained. In total, 9,185 students in grades 6 through 12 participated in these voluntary and anonymous surveys during the spring of 2015. The results presented are representative of all public middle and high school students.

The following summary presents an overview of survey results and demographic characteristics of students reported in the MYRBS and MYHS (Figure 1). Also included is an appendix of detailed data tables on key health indicators, behaviors, and risk factors reported on in the full report. Included in the tables are overall prevalence estimates, as well as gender, grade and race/ethnicity subgroup estimates. For the high school tables, subgroup estimates by sexual orientation are also provided.

The full report, ***Health and Risk Behaviors of Massachusetts Youth, 2015****,* includes prevalence estimates, and where applicable, responses from the past five surveys with indications of significant changes over time for the following categories:

* Protective factors
* Sexual and Gender Minority Youth
* Homeless Youth
* Nutrition, Physical Education and Activity, and Weight
* Personal Safety
* Tobacco Use
* Substance Use
* Gambling
* Violence-Related Behaviors and Experiences
* Mental Health
* Sexual Behaviors and Sexuality Education
* Other Health Conditions and Health-Related Factors

The full report also highlights prevention, education, and policy initiatives undertaken by ESE, DPH, and other state and community agencies to address issues affecting our youth and resources for further information within each of these categories. The full report, as well as the appendix of detailed data tables, is available at: [**http://www.doe.mass.edu/sfs/yrbs/**](http://www.doe.mass.edu/sfs/yrbs/) and [**http://www.mass.gov/eohhs/gov/departments/dph/programs/admin/dmoa/health-survey/myhs/**](http://www.mass.gov/eohhs/gov/departments/dph/programs/admin/dmoa/health-survey/myhs/).

2015 KEY FINDINGS

Many youth report the presence of factors associated with lower rates of risk behaviors.

Factors such as academic achievement, exposure to positive public health messaging, a positive perception of one’s health status, school-connectedness, and a close relationship with a parent or caregiver have been recognized as potential protective factors.

* Since 2007, there has been an increase in the percentage of middle and high school students reporting mostly grades of A’s and B’s in school in the past year, and an increase in the percentage of students reporting seeing or hearing anti-alcohol/anti-drug messages on TV, online, the radio, or in newspapers in the past month.[[1]](#footnote-1)
* In 2015, most students rated their health as good or better (middle school: 95%, high school: 92%).
* Among high school students, 73% reported having a teacher in school they could talk to about a problem and 82% reported having a parent or adult family member they could talk to about things important to them.

**Many youth risk behaviors and health-related factors show significant improvements since 2013.[[2]](#footnote-2)**

Since 2013, improvements have been observed in many areas of risk among middle and high school students, such as bullying; family violence; tobacco, alcohol, and marijuana use; access to drugs at school; and sports-related concussions.

* Among both middle and high school students, *fewer* students in 2015 compared to 2013 reported initiating bullying in the past year (middle school: 5% vs. 8%, high school: 7% vs. 9%), and smoking cigarettes in the past month (middle school: 5% vs. 8%, high school: 7% vs. 9%).
* Among middle school students, *fewer* students in 2015 compared to 2013 reported being bullied in the past year (33% vs. 36%), being physically hurt by a family member in the past year (8% vs. 10%),ever smoking cigarettes (6% vs. 9%), ever smoking cigars, cigarillos, or little cigars (3% vs. 5%), ever drinking alcohol (13% vs. 19%), and using marijuana in the past month (2% vs. 3%).
* Among high school students, *fewer s*tudents in 2015 compared to 2013reported initiating cyber-bullying in the past year (5% vs. 8%),and being offered or sold drugs at school (20% vs. 23%). Among high school students who play sports, *fewer* students reported experiencing symptoms of a sports-related concussion in the past year (14% vs. 16%).

**Some youth risk behaviors and health-related factors have worsened significantly since 2013.2**

A few indicators, in particular mental health, teen dating violence, motor vehicle safety, nutrition, physical activity and sexuality education, have worsened in recent years.

* More high school students in 2015 compared to 2013 reported feeling sad or hopeless for more than two weeks (27% vs. 22%), texting while driving (39% vs. 32%), talking on a cell phone while driving (47% vs. 39%), initiating violence against someone they were dating (2% vs. 1%), and engaging in 3 or more hours of video/computer games per day (43 % vs. 39%).
* Fewer high school students in 2015 compared to 2013 reported eating breakfast daily (35% vs. 40%) and being taught about HIV/AIDS in school (80% vs. 84%).
* Among middle school students, *more* students in 2015 compared to 2013reported playing 3 or more hours of video/computer games per day (42% vs. 36%).

**Some important risk areas remain statistically unchanged since 2013**.**2**

In recent years, a few important indicators - notably those related to opioid and prescription drug use, cyber-bullying, alcohol use, and nutrition and weight- have seen small fluctuations but no significant change.

* Among middle and high school students, reported percentages were statistically equivalent in 2015 and 2013for cyber-bullying in the past year(middle school: 15%, high school: 13%) and obesity (middle school: 9%, high school: 11%).
* Among middle school students, similar percentages were reported in both 2015 and 2013 for intentionally hurting one-self without wanting to die in the past year (16%), drinking one or more sugar-sweetened beverages in the past day (52%), and binge drinking in the past 30 days (2%).
* Among high school students*,* being bullied at school in the past year (16%), being physically hurt by someone they were dating (9%),carrying a weapon in the past month (13%), using alcohol or drugs before last intercourse (22%), and having ever used marijuana (41%) remain unchanged in 2015 from 2013.

Given the current emphasis on the dangers of opioid addiction at both the state and national levels, it is notable that indicators of opioid, prescription drug, and other illicit drug use have remained unchanged among youth since 2013:

* Among middle school students, approximately 1% reported ever using heroin and 3% reported ever using prescription drugs that were not their own.
* Among high school students, approximately 1% reported ever using heroin and 11% reported ever using prescription drugs that were not their own.

**As influences on adolescent health and social wellbeing change, it is crucial to keep abreast of new and changing behavioral patterns among youth.**

With the addition of new questions to the MYRBS and MYHS, data regarding several risk and protective factors are beginning to emerge that can help to inform educational and public health initiatives targeting adolescents.

In 2015, high school students were asked new questions on electronic cigarette use, synthetic marijuana use, caffeine intake, sleep adequacy, dating violence, and access to sexual health services and education.

* Almost half (45%) of high school students reported ever using an electronic vapor product, and 8% ever using synthetic marijuana.
* Only 22% of high school students reported getting the recommended 8 or more hours of sleep on an average school night, while 44% reported drinking at least one caffeinated beverage in the past day.
* Among high school students who have been on a date, nearly one out of four (24%) have ever had their activities monitored by someone they were dating and one out of 12 (8%) have been forced to do things of a sexual nature in the past year by someone they were dating.
* Sixty-four percent (64%) of high school students reported having ever been taught in school about birth control methods.

Middle school students were asked new questions on sleep adequacy, caffeine intake, and dating violence.

* Sixty percent (60%) of middle school students reported getting 8 or more hours of sleep on an average school night, while 31% reported drinking at least one caffeinated beverage in the past day.
* Sixteen percent (16%) of middle students who have been on a date reported ever having had their activities monitored by someone they were dating.

**DEMOGRAPHICS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Figure 1: Demographic Characteristics of the 2015 MYHS and MYRBS**  **Student Samples N (weighted %)** | | | |
|  | Middle School | High School | |
|  | MYHS (N=3,428) | MYHS (N=2,618 ) | MYRBS (N=3,120) |
| **Sex** |  |  |  |
| Female | 1,653 (49.0%) | 1,316 (49.5%) | 1,557 (49.6%) |
| Male | 1,689 (51.0%) | 1,260 (50.5%) | 1,542 (50.4%) |
| Missing | 86 | 42 | 21 |
| **Grade** |  |  |  |
| 6th grade | 1,097 (33.2%) | - | - |
| 7th grade | 1,176 (33.1%) | - | - |
| 8th grade | 1,138 (33.7%) | - | - |
| 9th grade | - | 744 (26.4%) | 742 (26.3%) |
| 10th grade | - | 689 (25.2%) | 749 (25.2%) |
| 11th grade | - | 622 (24.6%) | 902 (24.6%) |
| 12th grade | - | 549 (23.2%) | 695 (23.6%) |
| Ungraded or Other | 1 (0.02%) | 3 (0.1%) | 9 (0.3%) |
| Missing | 16 | 11 | 23 |
| **Race/Ethnicity** a |  |  |  |
| White, non-Hispanic | 2,058 (65.2%) | 1,593 (66.8%) | 1,712 (66.8%) |
| Black, non-Hispanic | 184 (8.4%) | 236 (8.8%) | 316 (8.8%) |
| Hispanic or Latino | 633 (17.4%) | 496 (16.0%) | 683 (16.0%) |
| Asian, non-Hispanic | 120 (3.6%) | 142 (4.8%) | 155 (5.8%) |
| Other or Multiple  Ethnicity, non-Hispanic | 182 (5.4%) | 107 (3.6%) | 140 (2.6%) |
| Missing | 251 | 44 | 114 |

(a) Students were allowed to indicate multiple racial/ethnic categories. If Hispanic/ Latino was indicated as an ethnic identification, whether alone or in combination with other ethnic categories, the student was categorized as Hispanic/Latino. The Other or Multiple Ethnicity category includes American Indian, Alaskan Natives or Pacific Islander, and youth who indicated several ethnicities that did not include Hispanic/Latino.

**DATA TABLES**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | [**PROTECTIVE FACTORS**](#_PROTECTIVE_FACTORS_–)  High School Students  Middle School Students |  | [**SUBSTANCE USE PERCEPTION and ACCESS**](#_SUBSTANCE_USE_PERCEPTION)  High School Students  Middle School Students |  | [**DATING and SEXUAL VIOLENCE**](#_DATING_and_SEXUAL)  High School Students |
|  | [**SEXUAL and GENDER MINORITY YOUTH**](#_SEXUAL_and_GENDER)  High School Students |  | [**ALCOHOL USE**](#_ALCOHOL_USE_-)  High School Students  Middle School Students |  | [**DATING and FAMILY VIOLENCE**](#_DATING_and_FAMILY)  Middle School Students |
|  | [**PHYSICAL ACTIVITY**](#_PHYSICAL_ACTIVITY_–)  High School Students  Middle School Students |  | [**TOBBACO USE**](#_TOBACCO_USE_–)  High School Students  Middle School Students |  | [**OTHER VIOLENCE and VIOLENCE-RELATED EXPERIENCES**](#_OTHER_VIOLENCE_and)  High School Students |
|  | [**SCREEN TIME**](#_SCREEN_TIME–_MASSACHUSETTS)  High School Students  Middle School Students |  | [**MARIJUANA USE**](#_MARIJUANA_USE_–)  High School Students  Middle School Students |  | [**MENTAL HEALTH and SUICIDALITY**](#_MENTAL_HEALTH_and)  High School Students  Middle School Students |
|  | [**DIETARY BEHAVIORS**](#_DIETARY_BEHAVIORS_–)  High School Students  Middle School Students |  | [**SUBSTANCE USE ON SCHOOL PROPERTY**](#_SUBSTANCE_USE_ON)  High School Students |  | [**SEXUAL BEHAVIORS and EXPERIENCES**](#_SEXUAL_BEHAVIORS_and)  High School Students  Middle School Students |
|  | [**WEIGHT and WEIGHT CONTROL BEHAVIORS**](#_WEIGHT_and_WEIGHT-CONTROL)  High School Students  Middle School Students |  | [**OTHER ILLICIT DRUG USE**](#_OTHER_ILLICIT_DRUG)  High School Students  Middle School Students |  | [**SEXUAL HEALTH EDUCATION**](#_SEXUAL_HEALTH_EDUCATION)  High School Students  Middle School Students |
|  | [**MOTOR VEHICLE SAFETY**](#_MOTOR_VEHICLE_SAFETY)  High School Students  Middle School Students |  | [**GAMBLING**](#_GAMBLING_–_MASSACHUSETTS)  High School Students  Middle School Students |  | [**OTHER HEALTH CONDITIONS and RELATED FACTORS**](#_OTHER_HEALTH_CONDITIONS)  High School Students  Middle School Students |
|  | [**SPORTS RELATED SAFETY**](#_SPORTS-RELATED_SAFETY_–)  High School Students  Middle School Students |  | [**BULLYING**](#_BULLYING_–_MASSACHUSETTS)  High School Students  Middle School Students |  |  |

# PROTECTIVE FACTORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 2)

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Sleeping 8+ hours on an average  school night** | **Earning mostly A's and B's in school** |
| **Overall**  **(95% Confidence Interval)** | | **22.0**  **(19.8 - 24.3)** | **76.0**  **(71.8 - 80.1)** |
| **Grade** | **9th Grade** | 30.3  (25.9 - 35.2) | 78.9  (73.8 - 84.0) |
| **10th Grade** | 23.4  (19.3 - 28.1) | 75.6  (67.7 - 83.5) |
| **11th Grade** | 17.8  (14.7 - 21.5) | 74.1  (68.3 - 80.0) |
| **12th Grade** | 15.9  (13.5 - 18.6) | 75.4  (69.1 - 81.7) |
| **Gender** | **Male** | 25.0  (21.9 - 28.3) | 71.9  (66.5 - 77.3) |
| **Female** | 19.1  (16.9 - 21.6) | 80.1  (76.9 - 83.4) |
| **Race/Ethnicity** | **White, NH** | 23.3  (20.7 - 26.2) | 80.5  (76.5 - 84.5) |
| **Black, NH** | 16.5  (12.7 - 21.1) | 63.5  (56.5 - 70.6) |
| **Hispanic** | 19.3  (16.3 - 22.7) | 61.8  (53.8 - 69.9) |
| **Asian, NH** | 17.9  (12.3 - 25.3) | 85.9  (77.6 - 94.2) |
| **Multiracial, NH** | 27.0  (20.2 - 35.2) | - |
| **Sexual Orientation** | **Heterosexual** | 22.2  (20.0-24.7) | 76.2  (72.1 - 80.3) |
| **Gay, Lesbian, and Bisexual** | 17.7  (13.1-23.5) | 71.9  (65.5 - 78.3) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**PROTECTIVE FACTORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Having at least one parent or other adult family member that they can talk to about things important to them** | **Having at least one teacher or other adult at school that they can talk to if they have a problem** |
| **Overall**  **(95% Confidence Interval)** | | **82.1**  **(80.3 - 83.7)** | **73.3**  **(71.1 - 75.4)** |
| **Grade** | **9th Grade** | 82.8  (79.0 - 86.0) | 69.9  (65.1 - 74.3) |
| **10th Grade** | 82.2  (78.3 - 85.5) | 73.2  (68.8 - 77.2) |
| **11th Grade** | 81.4  (77.6 - 84.6) | 74.1  (69.8 - 78.0) |
| **12th Grade** | 82.6  (79.0 - 85.6) | 76.5  (71.5 - 80.9) |
| **Gender** | **Male** | 84.3  (82.1 - 86.3) | 71.6  (68.5 - 74.5) |
| **Female** | 80.0  (77.6 - 82.2) | 75.2  (72.1 - 78.1) |
| **Race/Ethnicity** | **White, NH** | 85.0  (82.8 - 86.9) | 75.7  (73.5 - 77.8) |
| **Black, NH** | 77.3  (69.0 - 83.9) | 70.6  (61.9 - 78.1) |
| **Hispanic** | 75.9  (71.7 - 79.7) | 69.1  (63.1 - 74.5) |
| **Asian, NH** | 71.2  (59.2 - 80.8) | 65.3  (56.9 - 72.9) |
| **Multiracial, NH** | - | 75.9  (65.1 - 84.3) |
| **Sexual Orientation** | **Heterosexual** | 84.4  (82.6-86.0) | 74.1  (71.6-76.4) |
| **Gay, Lesbian, and Bisexual** | 64.5  (58.2-70.4) | 71.2  (64.9-76.8) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**PROTECTIVE FACTORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Having good or better overall health** | **Sleeping 8+ hours on an average school night** | **Earning mostly A's and B's in school** |
| **Overall  (95% Confidence Interval)** | | **94.8**  **(93.8 - 95.8)** | **60.4**  **(57.7 - 63.1)** | **83.3**  **(80.4 - 86.2)** |
| **Grade** | **6th Grade** | 96.9  (95.8 - 98.0) | 72.1  (68.0 - 76.2) | 86.5  (82.9 - 90.2) |
| **7th Grade** | 94.2  (92.5 - 95.9) | 61.9  (58.9 - 64.9) | 81.0  (76.1 - 86.0) |
| **8th Grade** | 93.4  (91.6 - 95.2) | 47.7  (44.3 - 51.2) | 82.4  (78.4 - 86.4) |
| **Gender** | **Male** | 95.5  (94.3 - 96.7) | 63.5  (60.6 - 66.4) | 79.0  (75.1 - 82.8) |
| **Female** | 94.2  (92.7 - 95.6) | 57.2  (53.5 - 60.8) | 88.0  (85.4 - 90.7) |
| **Race/Ethnicity** | **White, NH** | 96.4  (95.4 - 97.4) | 61.8  (59.0 - 64.6) | 88.0  (85.6 - 90.3) |
| **Black, NH** | 88.8  (83.4 - 94.2) | 57.6  (50.6 - 64.5) | 70.8  (62.1 - 79.4) |
| **Hispanic** | 90.7  (88.3 - 93.1) | 52.1  (46.5 - 57.7) | 70.0  (63.5 - 76.5) |
| **Asian, NH** | 95.1  (91.5 - 98.7) | 62.3  (53.5 - 71.2) | 95.1  (90.6 - 99.7) |
| **Multiracial, NH** | 93.2  (89.1 - 97.3) | 60.2  (49.9 - 70.5) | 78.5  (69.3 - 87.8) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Being Lesbian,  Gay, or Bisexual** | **Being Transgender** |
| **Overall**  **(95% Confidence Interval)** | | **7.7**  **(6.8 - 8.6)** | **2.0**  **(1.4 - 2.7)** |
| **Grade** | **9th Grade** | 6.5  (4.8 - 8.2) | 2.1  (1.2 - 3.1) |
| **10th Grade** | 10.7  (8.4 - 13.0) | - |
| **11th Grade** | 5.9  (4.3 - 7.5) | 1.9  (1.1 - 2.7) |
| **12th Grade** | 7.6  (5.6 - 9.7) | - |
| **Gender** | **Male** | 4.5  (3.5 - 5.5) | 2.3  (1.3 - 3.2) |
| **Female** | 10.8  (9.2 - 12.4) | 1.3  (0.6 - 2.0) |
| **Race/Ethnicity** | **White, NH** | 7.3  (6.3 - 8.3) | 1.5  (0.8 - 2.2) |
| **Black, NH** | - | - |
| **Hispanic** | 11.2  (8.8 - 13.7) | 3.6  (2.2 - 5.0) |
| **Asian, NH** | - | - |
| **Multiracial, NH** | - | - |
| **Sexual Orientation** | **Heterosexual** | - | 1.4  (0.9 - 2.3) |
| **Gay, Lesbian, and Bisexual** | - | 6.2  (3.7 - 10.3) |

# SEXUAL and GENDER MINORITY YOUTH – MASSACHUSETTS HIGH SCHOOL STUDENTS

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

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# PHYSICAL ACTIVITY – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Playing on a sports team, past year** | **Being physically active for 60 minutes, 5+ days per week** | **^Engaging in vigorous activity for 20+ minutes, 3+ times per week** | **^Walking, biking or skateboarding to/from school, past 5 days** |
| **Overall**  **(95% Confidence Interval)** | | **60.6**  **(56.6 - 64.4)** | **45.2**  **(41.2 - 49.3)** | **72.0**  **(68.9 - 75.0)** | **18.6**  **(13.8 - 23.5)** |
| **Grade** | **9th Grade** | 65.7  (60.3 - 70.6) | 48.0  (41.7 - 54.4) | 75.1  (70.4 - 79.8) | 20.3  (14.3 - 26.3) |
| **10th Grade** | 61.5  (54.2 - 68.3) | 49.5  (43.1 - 56.0) | 70.7  (64.9 - 76.4) | 20.3  (13.6 - 27.0) |
| **11th Grade** | 57.1  (51.9 - 62.1) | 41.4  (36.7 - 46.2) | 74.8  (70.5 - 79.1) | 12.6  (7.0 - 18.3) |
| **12th Grade** | 58.1  (51.5 - 64.4) | 41.5  (35.8 - 47.3) | 67.0  (62.8 - 71.2) | 20.7  (12.1 - 29.3) |
| **Gender** | **Male** | 62.6  (58.1 - 66.9) | 52.9  (49.0 - 56.8) | 78.5  (75.5 - 81.5) | 19.8  (14.4 - 25.2) |
| **Female** | 59.0  (54.5 - 63.4) | 37.4  (32.6 - 42.5) | 64.9  (60.6 - 69.3) | 17.3  (12.6 - 22.0) |
| **Race/Ethnicity** | **White, NH** | 65.3  (60.7 - 69.6) | 50.8  (47.2 - 54.4) | 76.9  (73.8 - 79.9) | 11.4  (9.0 - 13.7) |
| **Black, NH** | 56.0  (49.9 - 61.8) | 32.4  (26.5 - 38.9) | 58.4  (51.5 - 65.3) | 40.2  (28.3 - 52.1) |
| **Hispanic** | 45.6  (42.4 - 48.8) | 31.8  (26.8 - 37.3) | 62.3  (57.5 - 67.1) | 34.1  (24.4 - 43.8) |
| **Asian, NH** | 54.4  (43.6 - 64.8) | 40.4  (30.7 - 50.9) | 62.0  (54.9 - 69.1) | 22.5  (12.1 - 32.9) |
| **Multiracial, NH** | 60.9  (49.4 - 71.4) | 51.1  (41.4 - 60.8) | - | - |
| **Sexual Orientation** | **Heterosexual** | 63.5  (59.4-67.3) | 47.4  (43.2-51.6) | 73.2  (70.0 - 76.5) | 18.2  (13.4 - 23.0) |
| **Gay, Lesbian, and Bisexual** | 38.1  (30.9-45.8) | 26.6  (19.7-34.8) | 63.5  (57.9 - 69.1) | 24.4  (15.7 - 33.2) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**PHYSICAL ACTIVITY – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Being physically active for 60 minutes,5+ days per week** | **Engaging in vigorous activity for 20+ minutes, 3+ times per week** | | **Walking, biking or skateboarding to/from school, past 5 days** |
| **Overall**  **(95% Confidence Interval)** | | **49.2**  **(46.5 - 51.8)** | **74.9**  **(72.7 - 77.2)** | | **21.2**  **(18.1 - 24.3)** |
| **Grade** | **6th Grade** | 50.4  (46.7 - 54.2) | 75.5  (72.4 - 78.6) | 18.4  (14.1 - 22.7) | |
| **7th Grade** | 50.7  (46.7 - 54.6) | 75.4  (72.2 - 78.6) | 21.6  (17.1 - 26.0) | |
| **8th Grade** | 46.5  (42.5 - 50.5) | 74.3  (70.8 - 77.8) | 23.6  (19.3 - 27.9) | |
| **Gender** | **Male** | 54.7  (51.5 - 57.9) | 76.9  (74.2 - 79.5) | 20.8  (17.5 - 24.1) | |
| **Female** | 43.1  (39.7 - 46.5) | 73.4  (70.6 - 76.1) | 21.1  (17.5 - 24.7) | |
| **Race/Ethnicity** | **White, NH** | 53.2  (50.5 - 55.9) | 80.0  (78.1 - 82.0) | 15.6  (13.3 - 17.9) | |
| **Black, NH** | 46.1  (39.4 - 52.8) | 66.3  (59.2 - 73.4) | 33.0  (22.7 - 43.4) | |
| **Hispanic** | 38.6  (34.3 - 42.8) | 63.0  (58.9 - 67.2) | 35.5  (30.5 - 40.5) | |
| **Asian, NH** | 28.7  (21.1 - 36.3) | 65.1  (55.1 - 75.1) | 23.5  (13.8 - 33.1) | |
| **Multiracial, NH** | 45.2  (36.9 - 53.4) | 69.6  (62.4 - 76.7) | 29.7  (21.2 - 38.2) | |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# SCREEN TIME– MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Spending 3+hours per day playing video games and/or using the computer for something other than school work (on an average school day)** | ^**Watching TV for 3+ hours on an average school day** |
| **Overall**  **(95% Confidence Interval)** | | **43.2**  **(40.8 - 45.7)** | **18.3**  **(15.9 - 20.8)** |
| **Grade** | **9th Grade** | 43.5  (39.2 - 47.9) | 19.9  (15.7 - 24.2) |
| **10th Grade** | 45.3  (40.0 - 50.8) | 21.2  (17.1 - 25.4) |
| **11th Grade** | 43.2  (39.3 - 47.2) | 12.7  (9.4 - 15.9) |
| **12th Grade** | 39.8  (35.4 - 44.4) | 19.2  (15.4 - 23.0) |
| **Gender** | **Male** | 42.9  (39.7 - 46.3) | 16.8  (14.4 - 19.1) |
| **Female** | 43.3  (40.2 - 46.4) | 20.1  (16.7 - 23.5) |
| **Race/Ethnicity** | **White, NH** | 42.1  (39.6 - 44.7) | 15.5  (12.8 - 18.2) |
| **Black, NH** | 43.3  (37.5 - 49.3) | 30.1  (25.0 - 35.2) |
| **Hispanic** | 45.7  (41.9 - 49.5) | 24.4  (19.8 - 28.9) |
| **Asian, NH** | 42.6  (32.1 - 53.8) | 16.1  (9.1 - 23.0) |
| **Multiracial, NH** | 58.4  (46.3 - 69.5) | - |
| **Sexual Orientation** | **Heterosexual** | 41.5  (38.8-44.2) | 17.9  (15.6 - 20.2) |
| **Gay, Lesbian, and Bisexual** | 59.2  (52.3-65.8) | 21.6  (15.1 - 28.1) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SCREEN TIME– MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Spending 3+hours per day playing video games and/or using the computer for something other than school work (on an average school day)** | **Watching TV for 3+ hours on an average school day** |
| **Overall**  **(95% Confidence Interval)** | | **42.4**  **(39.4 - 45.4)** | **20.8**  **(18.4 - 23.3)** |
| **Grade** | **6th Grade** | 33.2  (28.9 - 37.5) | 19.1  (15.3 - 22.9) |
| **7th Grade** | 45.2  (40.9 - 49.6) | 20.8  (16.9 - 24.8) |
| **8th Grade** | 48.6  (44.0 - 53.1) | 22.4  (18.7 - 26.0) |
| **Gender** | **Male** | 41.3  (37.8 - 44.8) | 18.9  (16.5 - 21.3) |
| **Female** | 43.9  (40.4 - 47.4) | 22.3  (19.1 - 25.4) |
| **Race/Ethnicity** | **White, NH** | 38.0  (34.6 - 41.3) | 15.7  (13.5 - 17.9) |
| **Black, NH** | 52.6  (45.3 - 59.9) | 37.9  (31.4 - 44.4) |
| **Hispanic** | 56.3  (52.7 - 60.0) | 33.3  (29.8 - 36.7) |
| **Asian, NH** | 43.4  (33.6 - 53.3) | 13.7  (6.3 - 21.0) |
| **Multiracial, NH** | 47.0  (38.6 - 55.4) | 21.2  (13.8 - 28.6) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# DIETARY BEHAVIORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 2)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | | **Drinking 3+ glasses of milk per day** | **Eating breakfast every day** | **Drinking 1+ glass of non-diet soda per day** | **Eating fruit 2+ times per day** |
| **Overall**  **(95% Confidence Interval)** | | | **10.9**  **(9.5 - 12.6)** | **34.9**  **(32.5 - 37.4)** | **13.8**  **(11.6 - 16.2)** | **31.4**  **(29.2 - 33.5)** |
| **Grade** | **9th Grade** | | 12.2  (9.3 - 15.8) | 37.8  (33.3 - 42.5) | 11.8  (9.0 - 15.4) | 35.1  (30.2 - 40.1) |
| **10th Grade** | | 12.8  (10.1 - 16.1) | 33.6  (28.7 - 39.0) | 14.5  (11.0 - 18.9) | 31.3  (26.8 - 35.9) |
| **11th Grade** | | 10.4  (8.0 - 13.3) | 34.3  (31.0 - 37.9) | 13.1  (10.4 - 16.4) | 29.5  (26.0 - 33.1) |
| **12th Grade** | | 7.8  (5.8 - 10.5) | 33.8  (29.3 - 38.7) | 15.3  (11.1 - 20.7) | 28.6  (24.3 - 33.0) |
| **Gender** | | **Male** | 15.4  (13.4 - 17.6) | 35.8  (32.7 - 39.0) | 17.7  (14.8 - 21.0) | 31.9  (29.4 - 34.5) |
| **Female** | 6.4  (5.1 - 8.0) | 34.0  (30.7 - 37.4) | 9.7  (7.9 - 12.0) | 30.6  (26.7 - 34.5) |
| **Race/Ethnicity** | | **White, NH** | 12.2  (10.4 - 14.3) | 36.8  (34.7 - 39.0) | 13.3  (10.8 - 16.4) | 32.2  (29.7 - 34.8) |
| **Black, NH** | 9.5  (6.5 - 13.7) | 24.9  (18.0 - 33.3) | 13.7  (9.7 - 19.0) | 26.5  (21.1 - 31.9) |
| **Hispanic** | 7.8  (5.6 - 10.9) | 32.4  (26.9 - 38.5) | 16.9  (14.2 - 20.1) | 30.6  (26.2 - 34.9) |
| **Asian, NH** | 5.4  (2.4 - 11.8) | 32.4  (24.7 - 41.3) | 9.6  (3.8 - 22.2) | 29.5  (20.7 - 38.2) |
| **Multiracial, NH** | 10.8  (5.0 - 21.9) | 33.1  (24.2 - 43.3) | 19.4  (11.5 - 30.8) | 33.0  (22.3 - 43.6) |
| **Sexual Orientation** | | **Heterosexual** | 11.3  (9.8-13.1) | 35.7  (33.4-38.1) | 13.5  (11.3-16.1) | 31.4  (29.3 - 33.5) |
| **Gay, Lesbian, and Bisexual** | 7.3  (3.9-13.1) | 25.2  (18.5-33.4) | 17.8  (13.0-23.8) | 27.7  (21.6 - 33.7) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**DIETARY BEHAVIORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Eating vegetables 3+ times per day** | **Eating fruit 2+ AND vegetables 3+ times per day** | **^Having 1+ drinks with caffeine yesterday** | **^Having 1+ sweetened beverage (e.g. soda, flavored drink) yesterday** |
| **Overall**  **(95% Confidence Interval)** | | **12.0  (10.5 - 13.6)** | **8.1**  **(6.9 - 9.2)** | **43.5**  **(41.1 - 45.9)** | **61.4**  **(58.4 - 64.5)** |
| **Grade** | **9th Grade** | 12.3  (9.3 - 15.3) | 7.8  (5.5 - 10.1) | 37.5  (32.9 - 42.1) | 65.2  (60.7 - 69.7) |
|  | **10th Grade** | 10.8  (8.0 - 13.5) | 7.4  (4.6 - 10.1) | 42.1  (37.9 - 46.2) | 59.5  (54.3 - 64.6) |
|  | **11th Grade** | 12.1  (9.1 - 15.2) | 7.9  (5.5 - 10.3) | 47.0  (42.6 - 51.4) | 61.6  (57.1 - 66.2) |
|  | **12th Grade** | 12.6  (9.0 - 16.3) | 8.8  (5.9 - 11.7) | 47.9  (42.9 - 53.0) | 59.5  (53.3 - 65.6) |
| **Gender** | **Male** | 12.6  (10.7 - 14.5) | 8.3  (6.8 - 9.7) | 41.9  (38.8 - 45.0) | 66.6  (63.4 - 69.8) |
|  | **Female** | 11.2  (9.0 - 13.5) | 7.7  (5.9 - 9.5) | 44.9  (42.1 - 47.7) | 55.8  (52.0 - 59.6) |
| **Race/Ethnicity** | **White, NH** | 12.6  (10.6 - 14.5) | 8.4  (6.8 - 9.9) | 45.0  (41.9 - 48.2) | 58.3  (54.6 - 61.9) |
|  | **Black, NH** | 8.7  (5.4 - 12.0) | 6.1  (2.7 - 9.5) | 31.9  (24.9 - 38.8) | 68.9  (62.9 - 74.9) |
|  | **Hispanic** | 10.4  (6.6 - 14.2) | 7.6  (4.6 - 10.5) | 45.0  (40.6 - 49.5) | 71.4  (66.1 - 76.6) |
|  | **Asian, NH** | 13.4  (6.3 - 20.6) | - | 28.2  (22.3 - 34.1) | 56.9  (48.1 - 65.7) |
|  | **Multiracial, NH** | 9.6  (4.2 - 15.1) | 9.2  (3.9 - 14.4) | - | - |
| **Sexual Orientation** | **Heterosexual** | 11.9  (10.3 - 13.5) | 8.1  (6.9 - 9.2) | 42.8  (40.4 - 45.3) | 61.3  (58.2 - 64.4) |
|  | **Gay, Lesbian, and Bisexual** | 12.6  (7.4 - 17.8) | 8.2  (4.0 - 12.4) | 51.8  (45.1 - 58.5) | 63.4  (54.8 - 71.9) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**DIETARY BEHAVIORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Eating fruit 2+ times yesterday** | **Eating vegetables 3+ times yesterday** | **Eating fruit 2+ AND vegetables 3+ times yesterday** | **Having 1+ drinks with caffeine yesterday** | **Having 1+ sweetened beverage (e.g. soda, flavored drink) yesterday** |
| **Overall**  **(95% Confidence Interval)** | | **57.0**  **(55.1 - 58.9)** | **21.6**  **(20.0 - 23.3)** | **16.1**  **(14.7 - 17.5)** | **31.1**  **(29.0 - 33.2)** | **63.5**  **(61.1 - 65.9)** |
| **Grade** | **6th Grade** | 58.4  (55.0 - 61.9) | 25.8  (22.8 - 28.9) | 20.4  (17.9 - 22.8) | 27.7  (24.3 - 31.1) | 64.6  (61.3 - 67.8) |
| **7th Grade** | 58.1  (55.3 - 60.9) | 20.4  (17.9 - 22.8) | 14.1  (12.2 - 16.1) | 32.9  (29.6 - 36.3) | 64.9  (61.0 - 68.8) |
| **8th Grade** | 54.8  (51.5 - 58.1) | 18.9  (16.2 - 21.5) | 14.1  (11.8 - 16.4) | 32.6  (29.1 - 36.1) | 61.0  (57.1 - 64.9) |
| **Gender** | **Male** | 55.9  (53.4 - 58.5) | 19.6  (17.7 - 21.6) | 14.1  (12.5 - 15.7) | 30.5  (27.8 - 33.2) | 65.1  (62.2 - 67.9) |
| **Female** | 57.8  (55.4 - 60.2) | 23.4  (20.8 - 26.0) | 17.9  (15.7 - 20.0) | 31.8  (29.1 - 34.4) | 61.8  (58.6 - 64.9) |
| **Race/Ethnicity** | **White, NH** | 56.4  (53.9 - 59.0) | 22.1  (20.3 - 24.0) | 16.2  (14.6 - 17.9) | 29.4  (26.6 - 32.3) | 60.4  (57.7 - 63.1) |
| **Black, NH** | 57.7  (51.9 - 63.6) | 18.9  (11.9 - 26.0) | 15.6  (8.6 - 22.5) | 32.0  (26.3 - 37.6) | 72.5  (65.1 - 80.0) |
| **Hispanic** | 56.2  (52.8 - 59.5) | 17.1  (13.7 - 20.5) | 12.9  (10.0 - 15.9) | 38.9  (35.6 - 42.3) | 71.3  (67.5 - 75.1) |
| **Asian, NH** | 58.7  (49.0 - 68.4) | 26.1  (18.4 - 33.8) | 16.3  (10.1 - 22.6) | 14.6  (8.2 - 20.9) | 46.1  (35.2 - 57.1) |
| **Multiracial, NH** | 64.2  (57.5 - 71.0) | 26.6  (19.0 - 34.2) | 23.5  (16.1 - 30.9) | 32.5  (25.7 - 39.3) | 72.1  (63.7 - 80.5) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# WEIGHT and WEIGHT-CONTROL BEHAVIORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (Part 1 of 3)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Being obese**  **(i.e., ≥95th percentile for body mass index by age and sex)** | **Being overweight (i.e., 85 to 95th percentile for body mass index by age and sex)** | **Thinking they are slightly or very overweight** | **Trying to lose weight** | ^**Increasing fruit and vegetable intake to lose weight, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **11.0**  **(9.4 - 12.8)** | **15.3**  **(13.6 - 17.2)** | **31.5**  **(29.7 - 33.4)** | **46.0**  **(43.8 - 48.3)** | **55.8**  **(53.4 - 58.2)** |
| **Grade** | **9th Grade** | 8.5  (6.5 - 11.0) | 16.8  (13.3 - 21.0) | 30.5  (27.3 - 33.9) | 45.1  (41.3 - 48.9) | 55.1  (50.7 - 59.6) |
| **10th Grade** | 12.8  (9.2 - 17.6) | 15.1  (11.9 - 19.1) | 33.2  (29.4 - 37.2) | 48.4  (44.0 - 52.9) | 53.4  (49.6 - 57.1) |
| **11th Grade** | 12.7  (9.8 - 16.2) | 16.3  (13.5 - 19.4) | 31.7  (29.0 - 34.6) | 46.3  (43.0 - 49.7) | 58.5  (54.3 - 62.7) |
| **12th Grade** | 9.9  (7.5 - 13.0) | 12.7  (10.1 - 15.8) | 30.8  (27.0 - 34.8) | 44.4  (40.2 - 48.5) | 56  (51.9 - 60.1) |
| **Gender** | **Male** | 14.7  (12.1 - 17.6) | 16.0  (14.2 - 17.8) | 27.3  (24.7 - 30.0) | 32.7  (29.9 - 35.6) | 49.0  (45.8 - 52.2) |
| **Female** | 7.2  (5.6 - 9.1) | 14.7  (12.4 - 17.3) | 35.9  (32.6 - 39.3) | 59.5  (56.8 - 62.0) | 62.3  (58.9 - 65.8) |
| **Race/Ethnicity** | **White, NH** | 9.6  (8.0 - 11.6) | 13.5  (11.3 - 16.0) | 30.5  (28.1 - 32.9) | 43.6  (40.8 - 46.4) | 54.9  (51.9 - 57.8) |
|  | **Black, NH** | 15.5  (10.9 - 21.7) | 18.9  (14.0 - 25.0) | 32.6  (28.2 - 37.3) | 47.3  (42.1 - 52.6) | 58.8  (49.5 - 68.1) |
|  | **Hispanic** | 15.0  (11.4 - 19.4) | 19.9  (17.4 - 22.8) | 35.6  (31.7 - 39.8) | 54.1  (47.7 - 60.4) | 56.2  (51.3 - 61.2) |
|  | **Asian, NH** | 9.4  ( 5.6 - 15.2 ) | 12.6  (7.5 - 20.4) | 32.9  (25.8 - 40.9) | 52.4  (44.1 - 60.5) | 59.8  (50.7 - 68.9) |
|  | **Multiracial, NH** | 13.8  (6.9 - 25.6) | 21.9  (15.2 - 30.5) | 33.8  (24.5 - 44.4) | 43.8  (34.1 - 54.0) | - |
| **Sexual Orientation** | **Heterosexual** | 10.2  (8.5-12.0) | 15.3  (13.6-17.2) | 29.7  (28.0-31.5) | 44.4  (42.1-46.7) | 55.8  (53.4 - 58.2) |
|  | **Gay, Lesbian, and Bisexual** | 18.0  (12.9-24.5) | 14.3  (9.0-21.9) | 46.3  (40.6-52.1) | 61.2  (54.5-67.6) | 51.5  (43.9 - 59.1) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**WEIGHT and WEIGHT-CONTROL BEHAVIORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 3)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Cutting calories to lose weight, past 30 days** | **^Cutting out snacking to lose weight, past 30 days** | **^Decreasing fat intake to lose weight, past 30 days** | **^Exercising to lose weight, past 30 days** | **^Fasting to lose weight, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **38.8**  **(37.3 - 40.4)** | **40.3**  **(38.4 - 42.2)** | **35.9**  **(33.9 - 37.9)** | **77.2**  **(75.3 - 79.2)** | **9.6**  **(8.4 - 10.9)** |
| **Grade** | **9th Grade** | 35.0  (31.7 - 38.3) | 39.9  (36.7 - 43.0) | 33.5  (29.3 - 37.6) | 78.9  (75.8 - 82.1) | 9.6  (7.4 - 11.9) |
|  | **10th Grade** | 37.4  (34.1 - 40.7) | 35.1  (31.7 - 38.5) | 32.6  (29.2 - 36.1) | 75.6  (72.1 - 79.2) | 9.5  (7.2 - 11.7) |
|  | **11th Grade** | 42.3  (39.2 - 45.4) | 42.4  (38.6 - 46.1) | 38.6  (35.0 - 42.3) | 79.1  (75.3 - 82.9) | 10.4  (7.8 - 12.9) |
|  | **12th Grade** | 41.1  (37.2 - 45.0) | 44.3  (39.9 - 48.6) | 39.3  (34.3 - 44.2) | 75.3  (70.6 - 80.0) | 9.2  (6.7 - 11.6) |
| **Gender** | **Male** | 30.2  (27.6 - 32.9) | 31.0  (28.0 - 33.9) | 30.8  (28.1 - 33.6) | 75.3  (72.6 - 78.0) | 5.6  (4.1 - 7.2) |
|  | **Female** | 47.6  (44.7 - 50.6) | 49.6  (47.1 - 52.2) | 40.8  (37.6 - 44.1) | 79.1  (76.3 - 81.9) | 13.3  (11.3 - 15.3) |
| **Race/Ethnicity** | **White, NH** | 38.9  (36.8 - 41.0) | 40.8  (38.2 - 43.4) | 34.7  (32.2 - 37.1) | 79.1  (76.7 - 81.4) | 8.1  (6.7 - 9.5) |
|  | **Black, NH** | 35.0  (29.2 - 40.8) | 38.8  (31.7 - 46.0) | 39.6  (31.5 - 47.7) | 75.1  (68.2 - 82.0) | 13.8  (9.7 - 17.9) |
|  | **Hispanic** | 39.0  (34.7 - 43.2) | 40.1  (36.1 - 44.0) | 36.3  (30.9 - 41.6) | 72.5  (68.6 - 76.5) | 13.0  (10.0 - 16.0) |
|  | **Asian, NH** | 44.7  (37.1 - 52.3) | 42.2  (35.5 - 48.9) | 47.3  (41.7 - 52.8) | 76.7  (69.9 - 83.6) | - |
|  | **Multiracial, NH** | - | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 38.0  (36.1 - 39.8) | 39.2  (37.0 - 41.5) | 35.3  (33.3 - 37.3) | 77.8  (75.8 - 79.8) | 8.1  (6.8 - 9.3) |
|  | **Gay, Lesbian, and Bisexual** | 45.7  (38.1 - 53.4) | 51.8  (45.6 - 58.0) | 38.8  (30.1 - 47.5) | 71.0  (64.7 - 77.3) | 25.1  (18.9 - 31.2) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**WEIGHT and WEIGHT-CONTROL BEHAVIORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 3 OF 3)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Intentionally vomiting to lose weight,  past 30 days** | **^Taking diet pills without MD approval to lose weight,  past 30 days** | **^Taking laxatives to lose weight,  past 30 days** | **^Doing ANY of these measures to lose weight, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **4.2**  **(3.4 - 5.0)** | **3.2**  **(2.3 - 4.1)** | **3.0**  **(2.4 - 3.7)** | **86.8**  **(85.5 - 88.1)** |
| **Grade** | **9th Grade** | 3.5  (1.5 - 5.5) | 2.1  (1.0 - 3.2) | 2.8  (1.4 - 4.2) | 87.7  (85.5 - 89.8) |
| **10th Grade** | 4.3  (3.0 - 5.7) | 2.8  (1.5 - 4.0) | 3.8  (2.4 - 5.3) | 85.2  (82.6 - 87.8) |
| **11th Grade** | 5.3  (3.5 - 7.2) | 3.6  (1.8 - 5.3) | 3.2  (1.8 - 4.6) | 88.0  (85.6 - 90.4) |
| **12th Grade** | 3.7  (2.2 - 5.2) | 4.5  (2.6 - 6.4) | 2.2  (1.1 - 3.3) | 86.6  (83.4 - 89.8) |
| **Gender** | **Male** | 2.2  (1.3 - 3.1) | 2.3  (1.3 - 3.3) | 2.0  (1.1 - 2.9) | 82.3  (79.9 - 84.7) |
| **Female** | 6.0  (4.5 - 7.5) | 4.2  (2.9 - 5.5) | 4.0  (3.0 - 5.0) | 91.3  (89.6 - 93.0) |
| **Race/Ethnicity** | **White, NH** | 3.8  (2.8 - 4.8) | 2.5  (1.5 - 3.5) | 2.2  (1.4 - 3.0) | 86.9  (85.2 - 88.6) |
| **Black, NH** | 5.9  (3.0 - 8.9) | - | 6.2  (2.7 - 9.7) | 89.6  (84.5 - 94.7) |
| **Hispanic** | 4.7  (2.6 - 6.8) | 5.4  (2.9 - 7.8) | - | 86.9  (83.3 - 90.5) |
| **Asian, NH** | - | - | - | 86.1  (80.7 - 91.5) |
| **Multiracial, NH** | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 3.1  (2.3 - 3.9) | 2.6  (1.8 - 3.4) | 2.4  (1.8 - 3.1) | 86.7  (85.3 - 88.1) |
| **Gay, Lesbian, and Bisexual** | 14.3  (8.9 - 19.7) | 8.9  (4.7 - 13.1) | 6.7  (3.3 - 10.1) | 87.4  (82.9 - 91.9) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**WEIGHT and WEIGHT-CONTROL BEHAVIORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 1 OF 3)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Being obese (i.e., ≥95th percentile for body mass index by age and sex)** | **Being overweight (i.e., 85 to 95th percentile for body mass index by age and sex)** | **Thinking  they are slightly or very overweight** | **Thinking they are normal weight** | **Thinking they are slightly or very underweight** |
| **Overall**  **(95% Confidence Interval)** | | **8.5 (7.1 – 9.9)** | **14.3**  **(12.8 - 15.8)** | **24.4**  **(22.7 - 26.2)** | **57.1**  **(55.6 - 58.7)** | **18.4**  **(17.1 - 19.8)** |
| **Grade** | **6th Grade** | 9.2  (6.8 - 11.6) | 12.6  (10.0 - 15.2) | 21.2  (18.3 - 24.1) | 59.4  (56.8 - 62.1) | 19.4  (16.9 - 21.8) |
| **7th Grade** | 8.2  (6.0 - 10.3) | 14.5  (12.5 - 16.5) | 25.6  (22.7 - 28.5) | 55.2  (52.5 - 57.9) | 19.2  (16.9 - 21.5) |
| **8th Grade** | 8.3  (6.2 - 10.4) | 15.6  (12.7 - 18.5) | 26.4  (23.4 - 29.5) | 56.9  (53.9 - 59.9) | 16.7  (14.3 - 19.0) |
| **Gender** | **Male** | 10.5  (8.4 - 12.6) | 14.8  (12.9 - 16.8) | 23.3  (21.0 - 25.6) | 56.4  (54.0 - 58.8) | 20.3  (18.1 - 22.5) |
| **Female** | 6.4  (4.9 - 7.9) | 13.8  (11.4 - 16.1) | 25.6  (23.2 - 28.1) | 57.8  (55.3 - 60.3) | 16.5  (14.5 - 18.6) |
| **Race/Ethnicity** | **White, NH** | 7.1  (5.7 - 8.5) | 12.7  (11.0 - 14.4) | 21.8  (20.0 - 23.6) | 59.5  (57.7 - 61.4) | 18.7  (17.1 - 20.2) |
| **Black, NH** | 12.7  (7.1 - 18.3) | 10.1  (4.2 - 16.0) | 26.1  (18.5 - 33.7) | 55.9  (47.8 - 63.9) | 18.0  (12.6 - 23.4) |
| **Hispanic** | 13.4  (10.4 - 16.3) | 24.4  (20.8 - 28.1) | 34.9  (31.7 - 38.0) | 52.4  (49.0 - 55.7) | 12.8  (9.9 - 15.7) |
| **Asian, NH** | - | 12.9  (6.0 - 19.8) | 30.7  (21.6 - 39.8) | 50.6  (40.8 - 60.4) | 18.7  (10.4 - 27.0) |
| **Multiracial, NH** | - | 20.7  (10.5 - 31.0) | 33.5  (24.9 - 42.2) | 42.6  (33.9 - 51.3) | 23.9  (15.6 - 32.2) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**WEIGHT and WEIGHT-CONTROL BEHAVIORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 2 OF 3)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Increasing fruit/vegetables to lose weight, past 30 days** | **Cutting calories to lose weight, past 30 days** | **Cutting out snacking to lose weight, past 30 days** | **Decreasing fat intake to lose weight, past 30 days** | **Exercising to lose weight, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **56.0**  **(54.0 - 58.0)** | **34.6**  **(32.3 - 36.9)** | **37.9**  **(35.8 - 40.0)** | **35.2**  **(33.1 - 37.2)** | **77.0**  **(75.0 - 79.0)** |
| **Grade** | **6th Grade** | 54.5  (50.8 - 58.1) | 31.9  (27.9 - 35.9) | 36.6  (33.2 - 40.0) | 34.1  (30.7 - 37.6) | 76.8  (73.0 - 80.7) |
| **7th Grade** | 57.0  (54.3 - 59.7) | 35.0  (32.0 - 38.1) | 36.6  (33.2 - 40.0) | 36.0  (33.2 - 38.8) | 78.5  (75.8 - 81.2) |
| **8th Grade** | 56.4  (52.7 - 60.1) | 36.7  (33.2 - 40.3) | 40.6  (37.1 - 44.2) | 35.6  (32.0 - 39.1) | 75.9  (72.5 - 79.2) |
| **Gender** | **Male** | 52.3  (49.4 - 55.2) | 32.9  (30.1 - 35.7) | 34.6  (32.0 - 37.1) | 34.7  (32.0 - 37.4) | 76.3  (73.8 - 78.8) |
| **Female** | 59.6  (56.8 - 62.3) | 36.5  (33.4 - 39.6) | 41.6  (38.7 - 44.6) | 36.0  (33.4 - 38.6) | 77.7  (75.4 - 80.0) |
| **Race/Ethnicity** | **White, NH** | 55.5  (53.1 - 57.9) | 33.6  (30.8 - 36.5) | 37.8  (35.3 - 40.3) | 34.7  (32.2 - 37.1) | 79.0  (76.7 - 81.2) |
| **Black, NH** | 60.0  (52.5 - 67.5) | 34.0  (25.9 - 42.0) | 37.4  (29.6 - 45.2) | 37.2  (29.3 - 45.1) | 76.2  (69.9 - 82.4) |
| **Hispanic** | 57.1  (53.1 - 61.0) | 37.4  (32.3 - 42.5) | 40.9  (36.7 - 45.1) | 39.0  (34.7 - 43.2) | 73.5  (68.9 - 78.0) |
| **Asian, NH** | 60.4  (50.5 - 70.3) | 34.1  (25.6 - 42.5) | 31.8  (23.8 - 39.7) | 37.1  (28.2 - 46.1) | 72.3  (63.6 - 81.1) |
| **Multiracial, NH** | 54.7  (46.0 - 63.5) | 37.9  (29.6 - 46.3) | 35.2  (26.9 - 43.5) | 35.5  (26.6 - 44.4) | 74.9  (67.9 - 81.9) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**WEIGHT and WEIGHT-CONTROLBEHAVIORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 3 OF 3)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Fasting to lose weight,  past 30 days** | **Intentionally vomiting to lose weight,  past 30 days** | **Taking diet pills without MD approval to lose weight, past 30 days** | **Taking laxatives to lose weight, past 30 days** | **Doing ANY of these measures to lose weight, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **8.2**  **(7.0 - 9.5)** | **3.6**  **(2.9 - 4.4)** | **1.2**  **(0.8 - 1.6)** | **1.3**  **(0.9 - 1.8)** | **85.0**  **(83.4 - 86.7)** |
| **Grade** | **6th Grade** | 5.9  (4.1 - 7.8) | 2.6  (1.3 - 3.9) | - | 1.4  (0.6 - 2.2) | 83.4  (79.9 - 86.9) |
| **7th Grade** | 8.7  (6.7 - 10.7) | 3.4  (2.0 - 4.7) | 1.3  (0.5 - 2.0) | - | 86.9  (85.1 - 88.7) |
| **8th Grade** | 10.1  (8.0 - 12.1) | 4.9  (3.6 - 6.1) | 1.4  (0.8 - 2.1) | 1.7  (0.9 - 2.4) | 84.8  (82.2 - 87.4) |
| **Gender** | **Male** | 5.4  (4.1 - 6.7) | 2.2  (1.3 - 3.2) | - | 1.3  (0.6 - 2.0) | 83.3  (81.1 - 85.6) |
| **Female** | 11.1  (9.2 - 13.0) | 5.0  (3.9 - 6.0) | 1.5  (0.9 - 2.0) | 1.3  (0.8 - 1.9) | 86.8  (85.0 - 88.6) |
| **Race/Ethnicity** | **White, NH** | 6.6  (5.3 - 7.9) | 3.2  (2.4 - 4.0) | 0.8  (0.4 - 1.2) | 0.9  (0.5 - 1.3) | 85.2  (83.2 - 87.3) |
| **Black, NH** | 17.3  (11.4 - 23.1) | - | - | - | 86.8  (81.1 - 92.6) |
| **Hispanic** | 12.5  (9.7 - 15.3) | 5.3  (3.4 - 7.1) | 2.3  (1.1 - 3.5) | - | 86.0  (83.2 - 88.8) |
| **Asian, NH** | - | - | - | - | 79.5  (72.6 - 86.3) |
| **Multiracial, NH** | - | - | - | - | 84.4  (78.8 - 90.0) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# MOTOR VEHICLE SAFETY - MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Riding with an intoxicated driver, past 30 days** | **Driving after drinking, past 30 days (among students who drove)** | **Texting or emailing while driving, past 30 days (among students who drove)** | **Talking on a cell phone while driving, past 30 days (among students who drove)** | **^Ever reading or sending text messages  when driving** |
| **Overall**  **(95% Confidence Interval)** | | **18.2**  **(16.3 - 20.4)** | **9.4**  **(7.4 - 11.7)** | **39.3**  **(35.3 - 43.3)** | **46.5**  **(42.2 - 50.9)** | **38.5**  **(33.2 - 43.7)** |
| **Grade** | **9th Grade** | 12.4  (9.8 - 15.6) | 5.7  (2.3 - 13.4) | 11.0  (7.0 - 16.9) | 14.7  (8.8 - 23.3) | - |
| **10th Grade** | 17.4  (14.3 - 20.9) | 5.5  (2.3 - 12.6) | 13.8  (10.1 - 18.5) | 16.4  (12.4 - 21.4) | 11.0  (6.8 - 15.2) |
| **11th Grade** | 20.6  (16.8 - 24.9) | 6.1  (3.8 - 9.6) | 39.3  (34.1 - 44.7) | 46.0  (40.5 - 51.5) | 38.8  (32.6 - 45.0) |
| **12th Grade** | 21.9  (17.5 - 27.2) | 14.3  (11.5 - 17.7) | 59.0  (54.5 - 63.5) | 68.7  (63.6 - 73.4) | 53.8  (46.0 - 61.7) |
| **Gender** | **Male** | 17.7  (15.3 - 20.4) | 12.1  (9.3 - 15.7) | 40.4  (36.1 - 44.7) | 49.1  (44.1 - 54.3) | 40.8  (34.8 - 46.8) |
| **Female** | 18.5  (16.2 - 21.0) | 6.5  (4.6 - 9.2) | 38.2  (32.8 - 43.9) | 43.6  (38.1 - 49.2) | 36.4  (29.7 - 43.2) |
| **Race/Ethnicity** | **White, NH** | 17.7  (15.5 - 20.1) | 8.9  (6.8 - 11.5) | 41.9  (37.4 - 46.6) | 49.2  (43.9 - 54.5) | 41.2  (35.4 - 47.0) |
| **Black, NH** | 16.5  (9.5 - 27.0) | - | 32.7  (27.5 - 38.3) | - | - |
| **Hispanic** | 22.6  (19.9 - 25.6) | 13.2  (8.3 - 20.4) | 28.4  (17.9 - 41.9) | 39.1  (31.4 - 47.3) | 33.0  (25.6 - 40.4) |
| **Asian, NH** | 13.1  (6.8 - 23.7) | - | - | - | - |
| **Multiracial, NH** | 17.6  (12.4 - 24.4) | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 18.0  (15.9-20.3) | 9.3  (7.4-11.7) | 40.3  (36.3-44.5) | 47.3  (42.8-51.8) | 38.8  (33.3 - 44.3) |
| **Gay, Lesbian, and Bisexual** | 21.6  (16.1-28.4) | - | - | - | - |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**MOTOR VEHICLE SAFETY – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Never or rarelywearing a seatbelt** | **Riding with someone who had been drinking alcohol,  past 30 days** | **Riding with someone who had been using marijuana,  past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **5.7**  **(4.3 - 7.1)** | **9.3**  **(8.1 - 10.5)** | **4.4**  **(3.3 - 5.5)** |
| **Grade** | **6th Grade** | 4.7  (2.7 - 6.7) | 6.0  (4.4 - 7.5) | 2.6  (1.5 - 3.8) |
| **7th Grade** | 6.1  (4.0 - 8.2) | 10.3  (8.5 - 12.1) | 3.8  (2.4 - 5.2) |
| **8th Grade** | 6.2  (3.9 - 8.5) | 11.7  (9.7 - 13.7) | 6.7  (4.8 - 8.7) |
| **Gender** | **Male** | 6.3  (4.5 - 8.1) | 8.5  (7.0 - 10.1) | 4.1  (2.8 - 5.4) |
| **Female** | 5.1  (3.8 - 6.3) | 10.3  (8.6 - 12.0) | 4.7  (3.3 - 6.0) |
| **Race/Ethnicity** | **White, NH** | 2.4  (1.7 - 3.1) | 9.5  (8.0 - 10.9) | 2.8  (1.9 - 3.7) |
| **Black, NH** | 11.8  (6.5 - 17.1) | - | - |
| **Hispanic** | 15.8  (12.4 - 19.2) | 11.3  (8.5 - 14.0) | 8.6  (6.0 - 11.2) |
| **Asian, NH** | - | - | - |
| **Multiracial, NH** | - | 13.2  (7.1 - 19.4) | 8.8  (3.7 - 13.9) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# SPORTS-RELATED SAFETY – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Having symptoms of a sports-related concussion (among students who played on a team), past year** | **^Being removed from play after symptoms of a sports-related concussion (among students who played on a team), past year** |
| **Overall**  **(95% Confidence Interval)** | | **14.0**  **(12.4 - 15.5)** | **49.5**  **(42.9 - 56.2)** |
| **Grade** | **9th Grade** | 15.4  (11.6 - 19.1) | - |
| **10th Grade** | 14.5  (11.5 - 17.6) | - |
| **11th Grade** | 15.4  (11.8 - 19.1) | - |
| **12th Grade** | 10.2  (7.7 - 12.7) | - |
| **Gender** | **Male** | 17.5  (15.0 - 20.1) | 45.4  (36.5 - 54.4) |
| **Female** | 10.2  (8.2 - 12.2) | - |
| **Race/Ethnicity** | **White, NH** | 15.1  (13.3 - 17.0) | 48.8  (40.8 - 56.7) |
| **Black, NH** | 12.8  (7.1 - 18.5) | - |
| **Hispanic** | 9.5  (6.8 - 12.3) | - |
| **Asian, NH** | - | - |
| **Multiracial, NH** | - | - |
| **Sexual Orientation** | **Heterosexual** | 14.1  (12.4 - 15.7) | 48.9  (41.9 - 55.8) |
| **Gay, Lesbian, and Bisexual** | 12.9  (6.7 - 19.0) | - |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SPORTS-RELATED SAFETY – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Having symptoms of a sports-related concussion (among those who played on a team), past year** | **Being removed from play after symptoms of a sports-related concussion (among those who played on a team), past year** |
| **Overall**  **(95% Confidence Interval)** | | **19.3**  **(17.7 - 20.9)** | **51.0**  **(46.3 - 55.8)** |
| **Grade** | **6th Grade** | 19.8  (17.1 - 22.4) | 51.5  (43.3 - 59.7) |
| **7th Grade** | 19.0  (16.0 - 22.0) | 49.9  (41.6 - 58.3) |
| **8th Grade** | 19.1  (16.6 - 21.5) | 51.9  (44.2 - 59.5) |
| **Gender** | **Male** | 23.4  (20.9 - 25.9) | 51.4  (45.6 - 57.1) |
| **Female** | 14.8  (12.8 - 16.8) | 50.2  (42.0 - 58.3) |
| **Race/Ethnicity** | **White, NH** | 19.0  (16.9 - 21.1) | 51.9  (47.1 - 56.6) |
| **Black, NH** | 20.2  (12.2 - 28.2) | - |
| **Hispanic** | 20.8  (17.0 - 24.6) | - |
| **Asian, NH** | - | - |
| **Multiracial, NH** | 29.5  (20.4 - 38.7) | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black,   
Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other   
Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence   
intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# SUBSTANCE USE PERCEPTION and ACCESS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 4)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Hearing or seeing anti-alcohol or anti-drug ads, past 30 days** | **^Thinking most their age drink alcohol** | **^Thinking most their age smoke cigarettes** | **^Thinking most their age smoke marijuana** |
| **Overall**  **(95% Confidence Interval)** | | **73.0**  **(70.3 - 75.6)** | **82.4**  **(79.5 - 85.2)** | **36.3**  **(31.0 - 41.5)** | **82.0**  **(78.8 - 85.2)** |
| **Grade** | **9th Grade** | 70.8  (66.9 - 74.7) | 67.4  (61.3 - 73.5) | 34.1  (27.7 - 40.4) | 70.8  (64.2 - 77.3) |
| **10th Grade** | 73.6  (69.1 - 78.1) | 81.4  (76.6 - 86.2) | 36.1  (27.1 - 45.1) | 83.8  (79.3 - 88.3) |
| **11th Grade** | 75.4  (70.5 - 80.2) | 90.5  (87.4 - 93.6) | 34.9  (26.9 - 43.0) | 85  (81.0 - 89.0) |
| **12th Grade** | 72.3  (68.1 - 76.6) | 91.5  (88.2 - 94.8) | 39.7  (31.7 - 47.6) | 89.2  (85.6 - 92.8) |
| **Gender** | **Male** | 73.6  (70.0 - 77.1) | 76.9  (73.0 - 80.8) | 32.1  (26.7 - 37.6) | 79.4  (75.7 - 83.2) |
| **Female** | 72.3  (69.5 - 75.1) | 87.9  (85.4 - 90.5) | 40.3  (34.6 - 46.0) | 84.7  (81.2 - 88.1) |
| **Race/Ethnicity** | **White, NH** | 76.9  (74.3 - 79.5) | 81.9  (78.5 - 85.4) | 30.4  (24.8 - 36.0) | 80.2  (76.6 - 83.8) |
| **Black, NH** | 63.9  (54.4 - 73.4) | 85.5  (80.7 - 90.4) | 51.3  (42.1 - 60.5) | 87.6  (83.1 - 92.1) |
| **Hispanic** | 64.7  (58.4 - 71.1) | 86.7  (82.9 - 90.4) | 50.5  (42.9 - 58.2) | 89.6  (86.1 - 93.1) |
| **Asian, NH** | 62.6  (53.8 - 71.3) | 73.1  (63.3 - 82.8) | 41.3  (29.6 - 52.9) | 72.6  (63.2 - 82.1) |
| **Multiracial, NH** | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 73.7  (71.1 - 76.2) | 82.8  (79.9 - 85.6) | 35.4  (30.1 - 40.6) | 82.3  (79.1 - 85.5) |
| **Gay, Lesbian, and Bisexual** | 70.9  (63.9 - 77.8) | 82.5  (76.9 - 88.0) | 40.5  (31.7 - 49.4) | 84.1  (78.6-89.6) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SUBSTANCE USE PERCEPTION and ACCESS – MASSACHUSETTSHIGH SCHOOL STUDENTS (PART 2 OF 4)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Percentage of Massachusetts High School Students who reported: | | ^Thinking most their age use other illegal drugs | ^Thinking the risk of harm from binge drinking is  moderate or great | ^Thinking the risk of harm from marijuana is moderate or great | ^Thinking the risk of harm from inhalants is moderate or great |
| Overall  (95% Confidence Interval) | | **39.7**  **(35.9 - 43.4)** | **79.3**  **(77.0 - 81.6)** | **33.5**  **(30.8 - 36.3)** | **86.2**  **(84.5 - 87.8)** |
| Grade | **9th Grade** | 39.3  (33.5 - 45.1) | 82.5  (78.7 - 86.3) | 47.5  (42.6 - 52.4) | 83.7  (80.7 - 86.6) |
| **10th Grade** | 40.4  (34.9 - 46.0) | 78.6  (74.5 - 82.7) | 31.2  (26.7 - 35.6) | 84.7  (82.1 - 87.2) |
| **11th Grade** | 39.3  (34.0 - 44.5) | 80.1  (75.9 - 84.3) | 30.5  (25.6 - 35.4) | 89.1  (86.5 - 91.8) |
| **12th Grade** | 39.3  (31.7 - 47.0) | 76.4  (71.4 - 81.4) | 24.0  (19.9 - 28.1) | 87.7  (84.6 - 90.9) |
| Gender | **Male** | 35.2  (30.8 - 39.5) | 74.9  (71.7 - 78.0) | 27.6  (24.4 - 30.8) | 85.5  (83.3 - 87.8) |
| **Female** | 44.2  (39.8 - 48.7) | 83.9  (81.4 - 86.4) | 39.6  (36.0 - 43.2) | 87.1  (84.9 - 89.2) |
| Race/Ethnicity | **White, NH** | 35.3  (31.0 - 39.5) | 79.1  (76.4 - 81.8) | 31.0  (27.8 - 34.1) | 86.0  (84.1 - 87.9) |
| **Black, NH** | 53.6  (47.5 - 59.8) | 77.3  (70.3 - 84.4) | 41.4  (32.0 - 50.8) | 87.2  (82.3 - 92.1) |
| **Hispanic** | 50.9  (44.3 - 57.4) | 77.7  (73.5 - 81.8) | 34.7  (30.4 - 39.0) | 84.6  (80.4 - 88.8) |
| **Asian, NH** | 36.3  (24.4 - 48.2) | 88.4  (81.1 - 95.8) | 50.6  (42.8 - 58.5) | 88.8  (83.0 - 94.7) |
| **Multiracial, NH** | - | - | - | - |
| Sexual Orientation | **Heterosexual** | 39.1  (35.1 - 43.1) | 79.5  (77.1 - 81.9) | 34.4  (31.5 - 37.2) | 86.5  (84.8 - 88.3) |
| **Gay, Lesbian, and Bisexual** | 44.4  (37.3 - 51.5) | 82.0  (76.8 - 87.3) | 19.5  (14.7 - 24.3) | 85.5  (80.4 - 90.5) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SUBSTANCE USE PERCEPTION and ACCESS – MASSACHUSETTSHIGH SCHOOL STUDENTS (PART 3 OF 4)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Percentage of  Massachusetts High School Students who reported: | | ^Thinking the risk of harm from heroin is moderate or great | ^Thinking the risk of harm from narcotics is moderate or great | ^Thinking the risk of harm from Ritalin/Adderall is  moderate or great |
| Overall  (95% Confidence Interval) | | **96.7**  **(95.9 - 97.5)** | **90.3**  **(89.0 - 91.7)** | **75.1**  **(72.3 - 77.9)** |
| Grade | **9th Grade** | 96.7  (95.1 - 98.3) | 88.7  (86.0 - 91.4) | 79.5  (75.7 - 83.2) |
| **10th Grade** | 96.2  (94.6 - 97.8) | 89.5  (87.2 - 91.8) | 75.1  (70.6 - 79.5) |
| **11th Grade** | 97.8  (96.4 - 99.2) | 92.6  (89.7 - 95.5) | 75.3  (70.1 - 80.4) |
| **12th Grade** | 96.1  (94.2 - 98.0) | 90.8  (88.4 - 93.1) | 70.4  (63.3 - 77.4) |
| Gender | **Male** | 96.0  (94.8 - 97.3) | 89.4  (87.3 - 91.4) | 68.6  (64.6 - 72.6) |
| **Female** | 97.4  (96.4 - 98.3) | 91.6  (89.5 - 93.6) | 81.5  (79.0 - 84.0) |
| Race/Ethnicity | **White, NH** | 98.1  (97.4 - 98.8) | 91.4  (89.8 - 93.0) | 72.8  (69.4 - 76.2) |
| **Black, NH** | 92.9  (88.6 - 97.1) | 86.9  (81.9 - 91.9) | 82.0  (76.6 - 87.5) |
| **Hispanic** | 92.8  (89.9 - 95.8) | 87.4  (84.9 - 89.9) | 80.6  (77.6 - 83.7) |
| **Asian, NH** | 97.3  (94.0 - 100.0) | 90.9  (86.0 - 95.8) | 80.7  (74.3 - 87.1) |
| **Multiracial, NH** | - | - | - |
| Sexual Orientation | **Heterosexual** | 97.2  (96.5 - 97.9) | 90.8  (89.4 - 92.2) | 75.6  (72.7 - 78.4) |
| **Gay, Lesbian, and Bisexual** | 94.5  (91.3 - 97.7) | 87.8  (83.2 - 92.4) | 72.9  (65.1 - 80.7) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SUBSTANCE USE PERCEPTION and ACCESS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 4 OF 4)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Thinking the risk of harm from tranquilizers is moderate or great** | **^Thinking it is very or fairly easy to get alcohol** | **^Thinking it is very or fairly easy to get marijuana** |
| **Overall**  **(95% Confidence Interval)** | | **89.9**  **(88.7 - 91.1)** | **75.2**  **(72.3 - 78.1)** | **73.9**  **(70.9 - 77.0)** |
| **Grade** | **9th Grade** | 88.6  (86.2 - 90.9) | 65.7  (60.6 - 70.9) | 55.1  (50.0 - 60.2) |
| **10th Grade** | 89.3  (86.6 - 91.9) | 72.3  (67.4 - 77.3) | 73.6  (68.1 - 79.0) |
| **11th Grade** | 92.2  (89.6 - 94.9) | 78.9  (74.2 - 83.7) | 79.5  (75.1 - 83.9) |
| **12th Grade** | 89.8  (87.5 - 92.1) | 83.2  (78.7 - 87.7) | 86.2  (82.1 - 90.3) |
| **Gender** | **Male** | 88.5  (86.7 - 90.4) | 74.8  (71.2 - 78.5) | 77.3  (73.8 - 80.8) |
| **Female** | 91.4  (89.7 - 93.2) | 75.4  (71.8 - 79.0) | 70.9  (67.4 - 74.5) |
| **Race/Ethnicity** | **White, NH** | 91.0  (89.8 - 92.3) | 76.8  (73.6 - 80.0) | 75.3  (71.8 - 78.8) |
| **Black, NH** | 88.9  (84.1 - 93.6) | 65.0  (54.3 - 75.7) | 69.1  (57.7 - 80.4) |
| **Hispanic** | 85.3  (82.3 - 88.2) | 75.0  (70.1 - 79.8) | 75.9  (70.6 - 81.3) |
| **Asian, NH** | 92.5  (87.2 - 97.7) | - | - |
| **Multiracial, NH** | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 90.4  (89.1 - 91.6) | 75.0  (72.0 - 77.9) | 73.4  (70.3 - 76.5) |
| **Gay, Lesbian, and Bisexual** | 87.2  (82.3 - 92.1) | 78.9  (71.9 - 85.9) | 81.1  (74.1 - 88.1) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SUBSTANCE USE PERCEPTION and ACCESS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 1 OF 2)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of  Massachusetts Middle School Students who reported:** | | **Having heard or seen ads for alcohol,  past 30 days** | **Having heard or seen anti-alcohol or anti-drug ads, past 30 days** | **Thinking most their age drink alcohol** | **Thinking most their age smoke cigarettes** |
| **Overall**  **(95% Confidence Interval)** | | **63.6**  **(61.0 - 66.3)** | **66.8**  **(64.6 - 69.1)** | **20.7**  **(17.3 - 24.1)** | **19.7**  **(16.9 - 22.6)** |
| **Grade** | **6th Grade** | 54.2  (50.6 - 57.8) | 61.9  (58.9 - 64.9) | 8.9  (5.4 - 12.4) | 11.2  (7.8 - 14.6) |
| **7th Grade** | 65.9  (62.3 - 69.5) | 68.7  (65.5 - 71.9) | 20.1  (15.4 - 24.8) | 21.4  (17.5 - 25.3) |
| **8th Grade** | 70.3  (66.1 - 74.4) | 69.8  (66.4 - 73.2) | 32.9  (26.9 - 38.8) | 26.3  (21.5 - 31.0) |
| **Gender** | **Male** | 65.8  (62.3 - 69.3) | 66.5  (63.7 - 69.4) | 15.6  (12.8 - 18.4) | 16.3  (13.6 - 19.0) |
| **Female** | 61.1  (58.0 - 64.1) | 67.6  (65.0 - 70.1) | 25.7  (21.2 - 30.3) | 23.0  (19.4 - 26.7) |
| **Race/Ethnicity** | **White, NH** | 67.9  (65.0 - 70.9) | 70.8  (68.1 - 73.5) | 15.0  (12.2 - 17.8) | 15.4  (12.6 - 18.3) |
| **Black, NH** | 59.7  (52.4 - 67.0) | 63.7  (56.8 - 70.5) | 30.2  (22.2 - 38.2) | 28.4  (21.5 - 35.4) |
| **Hispanic** | 57.0  (52.1 - 62.0) | 60.7  (57.0 - 64.5) | 41.9  (35.7 - 48.2) | 32.5  (28.0 - 36.9) |
| **Asian, NH** | 54.3  (45.5 - 63.1) | 63.1  (55.0 - 71.2) | 17.3  (9.6 - 25.0) | 22.3  (12.5 - 32.0) |
| **Multiracial, NH** | 70.1  (59.9 - 80.4) | 68.7  (59.7 - 77.7) | 28.8  (18.8 - 38.8) | 26.1  (16.7 - 35.5) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SUBSTANCE USE PERCEPTION and ACCESS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of  Massachusetts Middle School Students who reported:** | | **Thinking most their age smoke marijuana** | **Thinking most their age use other illegal drugs** | **Thinking the risk of harm from binge drinking is moderate to great** | **Thinking it’s very or fairly easy to get alcohol** | **Thinking it’s very or fairly easy to get marijuana** |
| **Overall**  **(95% Confidence Interval)** | | **26.8**  **(22.9 - 30.7)** | **15.3**  **(12.8 - 17.7)** | **80.6**  **(78.1 - 83.2)** | **38.2**  **(35.5 - 41.0)** | **18.0**  **(15.1 - 20.8)** |
| **Grade** | **6th Grade** | 9.0  (5.7 - 12.3) | 7.6  (4.8 - 10.4) | 80.9  (77.4 - 84.4) | 18.9  (16.0 - 21.9) | 3.9  (2.5 - 5.4) |
| **7th Grade** | 28.8  (23.3 - 34.3) | 16.8  (13.2 - 20.5) | 80.2  (76.6 - 83.7) | 39.4  (35.8 - 43.0) | 17.1  (13.8 - 20.3) |
| **8th Grade** | 42.1  (35.5 - 48.6) | 21.1  (16.9 - 25.2) | 81.1  (77.4 - 84.9) | 53.5  (49.3 - 57.8) | 31.6  (26.6 - 36.5) |
| **Gender** | **Male** | 23.9  (20.3 - 27.5) | 11.8  (9.8 - 13.9) | 79.2  (76.2 - 82.1) | 36.6  (33.5 - 39.6) | 19.3  (15.7 - 22.8) |
| **Female** | 29.9  (25.0 - 34.9) | 18.7  (15.3 - 22.1) | 82.4  (79.7 - 85.0) | 40.0  (36.0 - 44.0) | 16.6  (13.5 - 19.7) |
| **Race/Ethnicity** | **White, NH** | 21.8  (18.0 - 25.5) | 11.5  (9.3 - 13.8) | 84.7  (82.4 - 87.0) | 40.3  (36.8 - 43.8) | 15.9  (12.7 - 19.1) |
| **Black, NH** | 34.9  (26.4 - 43.3) | 21.1  (14.2 - 28.0) | 76.1  (68.2 - 84.1) | 29.7  (20.3 - 39.0) | - |
| **Hispanic** | 48.5  (42.4 - 54.6) | 29.8  (25.8 - 33.8) | 68.4  (63.4 - 73.4) | 38.9  (34.4 - 43.4) | 28.7  (23.3 - 34.1) |
| **Asian, NH** | 17.2  (8.0 - 26.5) | 14.2  (7.8 - 20.6) | 86.0  (78.3 - 93.6) | - | - |
| **Multiracial, NH** | 33.4  (23.1 - 43.7) | 15.6  (8.4 - 22.8) | 78.8  (72.7 - 84.8) | - | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# ALCOHOL USE - MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Ever drinking  alcohol** | **Drinking alcohol before age 13** | **Drinking alcohol,**  **past 30 days** | **Binge drinking, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **61.3**  **(58.3 - 64.2)** | **12.9**  **(11.2 - 14.8)** | **33.9**  **(30.9 - 36.9)** | **17.7**  **(15.4 - 20.4)** |
| **Grade** | **9th Grade** | 44.2  (39.7 - 48.8) | 12.9  (10.4 - 15.9) | 19.8  (17.1 - 22.8) | 7.8  (5.6 - 10.8) |
| **10th Grade** | 59.0  (54.4 - 63.5) | 12.9  (10.0 - 16.6) | 29.0  (24.4 - 34.1) | 16.0  (12.5 - 20.2) |
| **11th Grade** | 67.5  (63.4 - 71.3) | 14.3  (11.2 - 17.9) | 36.5  (31.4 - 41.9) | 20.2  (15.4 - 26.1) |
| **12th Grade** | 75.3  (69.7 - 80.1) | 10.9  (8.1 - 14.6) | 51.3  (45.0 - 57.6) | 27.8  (22.2 - 34.2) |
| **Gender** | **Male** | 58.8  (55.1 - 62.3) | 14.1  (11.9 - 16.7) | 33.7  (30.4 - 37.1) | 19.9  (16.9 - 23.4) |
| **Female** | 63.6  (60.2 - 66.9) | 11.1  (8.9 - 13.8) | 34.0  (30.4 - 37.9) | 15.5  (13.3 - 17.9) |
| **Race/Ethnicity** | **White, NH** | 62.5  (58.8 - 66.0) | 10.0  (8.7 - 11.5) | 36.8  (33.0 - 40.7) | 19.7  (17.1 - 22.6) |
| **Black, NH** | 54.4  (44.3 - 64.1) | 18.0  (12.3 - 25.6) | 23.9  (17.3 - 32.1) | 8.7  (5.3 - 13.8) |
| **Hispanic** | 64.4  (59.2 - 69.3) | 20.0  (16.3 - 24.3) | 31.1  (27.4 - 34.9) | 16.7  (13.1 - 21.0) |
| **Asian, NH** | 48.0  (39.3 - 57.0) | 10.9  (5.6 - 20.4) | 23.1  (16.0 - 32.2) | 10.3  (5.0 - 20.2) |
| **Multiracial, NH** | 76.4  (68.9 - 82.5) | 14.4  (8.2 - 24.1) | 42.8  (31.5 - 54.9) | 29.0  (18.6 - 42.1) |
| **Sexual Orientation** | **Heterosexual** | 61.1  (57.8-64.2) | 11.8  (10.0- 13.9) | 34.2  (31.1-37.5) | 17.9  (15.5-20.7) |
| **Gay, Lesbian, and Bisexual** | 71.8  (65.3-77.6) | 22.5  (17.3-28.7) | 36.3  (30.5-42.5) | 19.5  (15.1-24.7) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**ALCOHOL USE – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of  Massachusetts Middle School Students who reported:** | | **Ever drinking  alcohol** | **Drinking alcohol,**  **past 30 days** | **Binge drinking,  past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **12.9**  **(10.9 - 14.8)** | **4.4**  **(3.2 - 5.6)** | **1.5**  **(1.0 - 2.1)** |
| **Grade** | **6th Grade** | 5.9  (4.3 - 7.5) | - | - |
| **7th Grade** | 12.4  (9.9 - 14.9) | 3.9  (2.3 - 5.4) | 1.6  (0.7 - 2.4) |
| **8th Grade** | 19.8  (15.8 - 23.7) | 7.7  (5.2 - 10.1) | 2.6  (1.4 - 3.7) |
| **Gender** | **Male** | 12.2  (10.0 - 14.4) | 3.6  (2.3 - 4.9) | 1.4  (0.6 - 2.1) |
| **Female** | 13.4  (11.1 - 15.8) | 5.1  (3.5 - 6.7) | 1.7  (1.0 - 2.5) |
| **Race/Ethnicity** | **White, NH** | 11.0  (9.0 - 13.1) | 3.4  (2.2 - 4.5) | 0.9  (0.4 - 1.3) |
| **Black, NH** | 11.1  (6.1 - 16.0) | - | - |
| **Hispanic** | 22.8  (18.3 - 27.4) | 8.6  (5.6 - 11.6) | 3.6  (1.8 - 5.5) |
| **Asian, NH** | - | - | - |
| **Multiracial, NH** | 16.9  (9.6 - 24.2) | - | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial   
categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient   
sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or  
the relative standard error was >30%.

# TOBACCO USE – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 3)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Ever smoking cigarettes** | **Smoking cigarettes before age of 13** | **Smoking cigarettes, past 30 days** | **Frequently smoking cigarettes (i.e. on 20+ days of the past 30 days)** | **Smoking cigarettes daily** |
| **Overall**  **(95% Confidence Interval)** | | **27.8**  **(24.4 - 31.5)** | **4.3**  **(3.3 - 5.6)** | **7.7**  **(6.1 - 9.7)** | **2.3**  **(1.5 - 3.5)** | **1.7**  **(1.0 - 2.7)** |
| **Grade** | **9th Grade** | 17.9  (13.8 - 23.0) | 4.2  (2.4 - 7.2) | 4.8  (3.1 - 7.5) | 0.9  (0.4 - 1.9) | 0.5  (0.3 - 1.0) |
| **10th Grade** | 25.7  (19.2 - 33.5) | 3.7  (2.2 - 6.1) | 6.1  (3.9 - 9.5) | 0.9  (0.3 - 2.4) | 0.6  (0.2 - 1.9) |
| **11th Grade** | 31.2  (26.3 - 36.5) | 4.9  (3.7 - 6.6) | 9.2  (6.3 - 13.3) | 3.8  (2.0 - 7.0) | 3.1  (1.7 - 5.9) |
| **12th Grade** | 36.3  (31.1 - 41.9) | 3.7  (2.0 - 6.6) | 10.3  (7.6 - 13.9) | 3.3  (1.6 - 6.5) | 2.1  (0.9 - 4.5) |
| **Gender** | **Male** | 30.6  (26.8 - 34.7) | 5.3  (4.0 - 7.0) | 8.6  (6.5 - 11.3) | 2.8  (1.8 - 4.3) | 2.1  (1.3 - 3.3) |
| **Female** | 24.9  (21.3 - 28.9) | 3.1  (2.2 - 4.3) | 6.7  (5.2 - 8.6) | 1.8  (1.1 - 2.9) | 1.2  (0.6 - 2.3) |
| **Race/Ethnicity** | **White, NH** | 26.5  (22.5 - 30.8) | 3.0  (2.1 - 4.2) | 8.0  (6.1 - 10.5) | 2.4  (1.4 - 4.2) | 1.8  (1.0 - 3.4) |
| **Black, NH** | 27.4  (19.5 - 36.9) | 4.3  (2.1 - 8.5) | 4.5  (2.3 - 8.9) | 1.1  (0.3 - 4.4) | 0.4  (0.0 - 2.9) |
| **Hispanic** | 33.3  (29.3 - 37.6) | 8.1  (5.6 - 11.5) | 8.2  (6.5 - 10.4) | 2.5  (1.7 - 3.6) | 1.9  (1.1 - 3.4) |
| **Asian, NH** | 20.4  (8.6 - 41.1) | 4.2  (1.8 - 9.4) | 3.0  (1.3 - 6.9) | 1.4  (0.3 - 5.9) | 0.8  (0.1 - 5.8) |
| **Multiracial, NH** | - | 10.0  (4.7 - 20.2) | 14.3  (8.5 - 23.2) | 4.0  (1.4 - 10.9) | - |
| **Sexual Orientation** | **Heterosexual** | 26.2  (22.9-29.9) | 3.7  (2.8-5.0) | 6.9  (5.4-8.8) | 2.1  (1.4-3.3) | 1.6  1.0-2.6) |
| **Gay, Lesbian, and Bisexual** | 45.6  (38.0-53.5) | 8.8  (5.9-12.9) | 16.8  (13.1-21.4) | 3.6  (2.0-6.6) | 2.4  (1.2-4.7) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**TOBACCO USE - MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 3)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Using cigars, past 30 days** | **Using smokeless tobacco (i.e. chewing tobacco, snuff, or dip), past 30 days** | **Ever using electronic vapor products** | **Using electronic vapor products, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **10.4**  **(8.6 - 12.5)** | **5.5**  **(4.4 - 7.0)** | **44.8**  **(41.8 - 47.8)** | **23.7**  **(21.1 - 26.5)** |
| **Grade** | **9th Grade** | 6.6  (4.7 - 9.0) | 3.8  (2.3 - 6.1) | 30.9  (26.3 - 35.9) | 18.7  (15.4 - 22.5) |
| **10th Grade** | 8.6  (5.9 - 12.3) | 4.5  (2.8 - 7.3) | 45.2  (38.8 - 51.7) | 22.8  (18.3 - 28.0) |
| **11th Grade** | 11.1  (8.0 - 15.1) | 6.5  (4.7 - 8.9) | 48.9  (43.6 - 54.2) | 24.8  (19.8 - 30.4) |
| **12th Grade** | 15.4  (11.6 - 20.2) | 7.1  (4.6 - 10.7) | 53.9  (49.6 - 58.2) | 28.6  (24.1 - 33.5) |
| **Gender** | **Male** | 15.4  (12.6 - 18.6) | 9.0  (7.0 - 11.4) | 48.2  (44.7 - 51.6) | 27.3  (24.3 - 30.5) |
| **Female** | 5.3  (4.1 - 6.7) | 1.9  (1.1 - 3.2) | 41.2  (37.5 - 45.0) | 19.9  (16.9 - 23.3) |
| **Race/Ethnicity** | **White, NH** | 11.6  (9.5 - 14.1) | 6.5  (5.0 - 8.3) | 44.2  (41.2 - 47.3) | 24.8  (22.0 - 27.9) |
| **Black, NH** | 7.0  (4.3 - 11.2) | 0.8  (0.2 - 2.9) | 45.4  (37.1 - 54.0) | 15.5  (11.2 - 21.1) |
| **Hispanic** | 8.1  (6.1 - 10.7) | 4.9  (3.1 - 7.7) | 48.8  (43.8 - 53.9) | 26.0  (21.8 - 30.7) |
| **Asian, NH** | 4.0  (1.4 - 11.3) | 0.9  (0.2 - 4.2) | 35.5  (21.6 - 52.5) | 13.5  (8.2 - 21.6) |
| **Multiracial, NH** | 13.9  8.3 - 22.4) | 6.5  (3.3 - 12.6) | - | 34.2  (24.8 - 45.1) |
| **Sexual Orientation** | **Heterosexual** | 10.6  (8.6-13.0) | 5.6  (4.4-7.0) | 44.7  (41.6-47.9) | 23.3  (20.6-26.1) |
| **Gay, Lesbian, and Bisexual** | 10.5  (6.7-15.9) | 4.9  (2.5-9.5) | 51.8  (44.8-58.7) | 29.7  (23.2-37.2) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories   
refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a   
majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**TOBACCO USE - MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 3 OF 3)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Using any tobacco (i.e. cigarette, smokeless tobacco, cigar, or electronic vapor product), past 30 days** | **Using cigarettes, cigars, or smokeless tobacco, past 30 days** | **^Living with someone who smokes** | **^Being in the same room with someone who smokes,  past week** |
| **Overall**  **(95% Confidence Interval)** | | **29.3**  **(26.2 - 32.7)** | **15.9**  **(13.6 - 18.5)** | **26.8**  **(23.4 - 30.1)** | **33.4**  **(30.1 - 36.7)** |
| **Grade** | **9th Grade** | 21.9  (18.3 - 26.1) | 9.7  (7.4 - 12.8) | 27.9  (23.0 - 32.8) | 33.9  (28.9 - 38.9) |
| **10th Grade** | 26.3  (21.5 - 31.8) | 13.0  (9.6 - 17.4) | 24.8  (20.9 - 28.8) | 31.9  (27.3 - 36.5) |
| **11th Grade** | 30.5  (24.9 - 36.7) | 17.8  (13.7 - 22.8) | 28.0  (22.2 - 33.9) | 34.4  (29.1 - 39.7) |
| **12th Grade** | 38.8  (33.3 - 44.6) | 23.1  (19.1 - 27.6) | 25.7  (20.4 - 31.1) | 33.0  (27.1 - 39.0) |
| **Gender** | **Male** | 34.6  (30.9 - 38.5) | 21.4  (18.1 - 25.1) | 25.5  (22.1 - 28.9) | 30.5  (26.7 - 34.4) |
| **Female** | 23.8  (20.5 - 27.5) | 10.2  (8.2 - 12.5) | 27.7  (23.7 - 31.7) | 36.5  (32.3 - 40.6) |
| **Race/Ethnicity** | **White, NH** | 30.9  (27.3 - 34.7) | 17.9  (15.1 - 21.0) | 27.7  (23.3 - 32.2) | 35.4  (31.4 - 39.4) |
| **Black, NH** | 18.7  (13.8 - 24.6) | 9.0  (5.6 - 14.2) | 22.1  (16.8 - 27.3) | 28.5  (20.8 - 36.2) |
| **Hispanic** | 31.4  (26.6 - 36.6) | 13.2  (10.7 - 16.1) | 25.5  (21.5 - 29.5) | 28.5  (23.8 - 33.3) |
| **Asian, NH** | 16.5  (10.3 - 25.4) | 7.4  (3.9 - 13.7) | 21.8  (12.1 - 31.5) | 25.5  (17.3 - 33.7) |
| **Multiracial, NH** | 43.3  (33.3 - 53.9) | 22.2  (15.8 - 30.4) | - | - |
| **Sexual Orientation** | **Heterosexual** | 28.7  (25.5 - 32.2) | 15.4  (13.0 - 18.1) | 25.7  (22.3 - 29.1) | 32.5  (29.1 - 36.0) |
| **Gay, Lesbian, and Bisexual** | 38.9  (32.3 - 45.8) | 22.7  (18.0 - 28.2) | 40.4  (32.6 - 48.3) | 45.6  (36.8 - 54.3) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**TOBACCO USE - MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students  who reported:** | | **Ever smoking cigarettes** | **Smoking cigarettes, past 30 days** | **Ever using smokeless tobacco (i.e. chewing tobacco, snuff, or dip)** | **Ever using cigars, cigarillos, or little cigars** | **Living with someone who smokes** | **Being in the same room with someone smoking cigarettes, past week** |
| **Overall**  **(95% Confidence Interval)** | | **6.1  (4.9 - 7.3)** | **1.4  (0.9 - 1.9)** | **1.1  (0.6 - 1.6)** | **2.6  (1.9 - 3.3)** | **24.9   (22.2 - 27.6)** | **24.5  (22.4 - 26.5)** |
| **Grade** | **6th Grade** | 2.3  (1.2 - 3.4) | - | - | 1.0  (0.4 - 1.6) | 22.7  (18.8 - 26.7) | 21.4  (18.0 - 24.8) |
| **7th Grade** | 6.8  (5.0 - 8.6) | - | - | 3.1  (2.0 - 4.2) | 26.1  (22.8 - 29.4) | 24.9  (22.3 - 27.5) |
| **8th Grade** | 8.9  (6.5 - 11.4) | 2.3  (1.2 - 3.5) | - | 3.6  (2.2 - 5.1) | 25.7  (21.2 - 30.1) | 26.9  (23.6 - 30.3) |
| **Gender** | **Male** | 5.5  (4.1 - 7.0) | 1.2  (0.6 - 1.9) | 1.5  (0.7 - 2.3) | 2.9  (1.9 - 3.8) | 25.1  (22.0 - 28.1) | 22.8  (20.4 - 25.2) |
| **Female** | 6.7  (5.1 - 8.2) | 1.5  (0.9 - 2.1) | 0.8  (0.3 - 1.2) | 2.3  (1.4 - 3.1) | 24.8  (21.7 - 27.8) | 25.9  (23.2 - 28.6) |
| **Race/Ethnicity** | **White, NH** | 5.1  (3.6 - 6.6) | 1.0  (0.5 - 1.5) | - | 2.1  (1.3 - 2.9) | 24.8  (21.3 - 28.3) | 25.8  (23.1 - 28.5) |
| **Black, NH** | - | - | - | - | 20.6  (14.2 - 26.9) | 17.8  (11.9 - 23.7) |
| **Hispanic** | 10.7  (8.1 - 13.2) | - | 1.9  (0.8 - 3.1) | 4.9  (2.6 - 7.2) | 26.5  (23.3 - 29.7) | 23.1  (20.2 - 26.1) |
| **Asian, NH** | - | - | - | - | 24.3  (16.6 - 31.9) | 19.5  (12.2 - 26.7) |
| **Multiracial, NH** | 10.8  (5.2 - 16.4) | - | - | - | 33.0  (26.2 - 39.8) | 35.5  (27.5 - 43.5) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# MARIJUANA USE – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Ever using marijuana** | **Using marijuana,  past 30 days** | **Using marijuana before age of 13** | **Ever using synthetic marijuana** |
| **Overall**  **(95% Confidence Interval)** | | **40.9**  **(37.6 – 44.4)** | **24.5**  **(21.8 - 27.5)** | **6.3  (5.1 – 7.6)** | **7.9  (6.4 – 9.7)** |
| **Grade** | **9th Grade** | 23.3  (18.6 – 28.9) | 13.6  (10.7 – 17.3) | 6.1  (3.9 – 9.3) | 4.6  (2.9 – 7.1) |
| **10th Grade** | 40.2  (34.9 – 45.7) | 23.5  (18.6 – 29.2) | 6.5  (4.7 – 8.9) | 7.4  (4.6 – 11.8) |
| **11th Grade** | 46.4  (40.9 – 51.9) | 28.9  (24.3 – 33.9) | 7.1  (4.6 – 10.9) | 8.8  (6.2 – 12.5) |
| **12th Grade** | 54.9  (48.4 – 61.3) | 32.8  (27.8 – 38.3) | 4.7  (2.9 – 7.5) | 9.8  (6.8 – 14.1) |
| **Gender** | **Male** | 41.6  (37.3 – 46.1) | 26.3  (23.2 – 29.7) | 8.5  (6.8 – 10.5) | 9.5  (7.6 – 11.8) |
| **Female** | 40.2  (36.6 – 43.9) | 23.0  (19.8 – 26.5) | 4.0  (3.1 – 5.2) | 5.8  (4.4 – 7.6) |
| **Race/Ethnicity** | **White, NH** | 40.4  (36.8 – 44.2) | 24.9  (21.9 – 28.3) | 5.2  (3.9 – 6.8) | 7.0  (5.4 – 9.1) |
| **Black, NH** | 42.4  (36.5 – 48.6) | 21.2  (16.0 – 27.5) | 8.6  (5.5 – 13.3) | 7.0  (4.7- 10.4) |
| **Hispanic** | 46.9  (41.8 – 52.0) | 27.2  (23.6 – 31.1) | 10.2  (8.0 – 13.1) | 11.2  (8.4 – 14.8) |
| **Asian, NH** | 25.8  (14.1 – 42.5) | 15.2  (7.6 – 28.0) | 0.9  (0.1 – 6.8) | 3.5  (1.4 – 8.6) |
| **Multiracial, NH** | - | 45.8  (34.2 – 57.9) | 13.1  (7.9 – 21.0) | 15.5  (9.1 – 25.1) |
| **Sexual Orientation** | **Heterosexual** | 40.5  (37.0 – 44.1) | 24.4  (21.7 – 27.3) | 5.8  (4.7 – 7.3) | 7.5  (6.0 – 9.4) |
| **Gay, Lesbian, and Bisexual** | 50.0  (42.8 – 57.2) | 28.7  (22.3 – 36.0) | 8.4  (5.5 – 12.5) | 10.8  (7.2 – 15.8) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**MARIJUANA USE – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Ever using marijuana** | **Using marijuana,  past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **5.9**  **(4.6 - 7.3)** | **2.4**  **(1.7 - 3.1)** |
| **Grade** | **6th Grade** | 1.7  (0.8 - 2.6) | - |
| **7th Grade** | 5.7  (4.0 - 7.5) | 1.8  (0.9 - 2.8) |
| **8th Grade** | 10.1  (7.3 - 12.8) | 4.8  (3.2 - 6.4) |
| **Gender** | **Male** | 5.9  (4.3 - 7.4) | 2.1  (1.2 - 2.9) |
| **Female** | 6.0  (4.5 - 7.6) | 2.8  (1.8 - 3.7) |
| **Race/Ethnicity** | **White, NH** | 4.6  (3.2 - 6.0) | 2.0  (1.2 - 2.9) |
| **Black, NH** | - | - |
| **Hispanic** | 12.7  (8.9 - 16.5) | 4.2  (2.4 - 6.1) |
| **Asian, NH** | - | - |
| **Multiracial, NH** | - | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap.   
White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian   
or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95%   
confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# SUBSTANCE USE ON SCHOOL PROPERTY – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School students who reported:** | | **Using alcohol at school, past 30 days** | **Using marijuana at school, past 30 days** | **Being offered, sold, or given drugs at school, past year** |
| **Overall**  **(95% Confidence Interval)** | | **3.4**  **(2.7 - 4.3)** | **4.9**  **(3.8 - 6.3)** | **20.3**  **(18.6 - 22.2)** |
| **Grade** | **9th Grade** | 3.3  (2.0 - 5.6) | 3.9  (2.2 - 6.7) | 17.1  (14.9 - 19.5) |
| **10th Grade** | 3.3  (2.0 - 5.3) | 4.5  (2.6 - 7.7) | 22.5  (18.7 - 26.7) |
| **11th Grade** | 3.4  (2.1 - 5.3) | 5.5  (3.7 - 8.3) | 19.2  (15.7 - 23.2) |
| **12th Grade** | 3.7  (2.1 - 6.2) | 5.4  (3.4 - 8.4) | 22.3  (18.2 - 27.0) |
| **Gender** | **Male** | 4.5  (3.4 - 5.9) | 5.9  (4.5 - 7.8) | 22.9  (20.7 - 25.3) |
| **Female** | 2.2  (1.3 - 3.5) | 3.6  (2.4 - 5.3) | 17.6  (15.6 - 19.7) |
| **Race/Ethnicity** | **White, NH** | 2.4  (1.8 - 3.1) | 3.6  (2.5 - 5.2) | 19.2  (16.9 - 21.8) |
| **Black, NH** | 6.6  (3.3 - 12.7) | 5.1  (2.5 - 10.1) | 20.6  (15.5 - 26.8) |
| **Hispanic** | 6.8  (4.6 - 9.9) | 9.6  (7.3 - 12.5) | 27.4  (23.9 - 31.2) |
| **Asian, NH** | - | 2.3  (0.5 - 10.0) | 14.3  (8.9 - 22.1) |
| **Multiracial, NH** | - | - | 26.3  (15.7 - 40.4) |
| **Sexual Orientation** | **Heterosexual** | 3.2  (2.3 - 4.2) | 4.7  (3.6 - 6.2) | 20.0  (18.2 - 21.9) |
| **Gay, Lesbian, and Bisexual** | 5.7  (3.1 - 10.3) | 6.2  (3.2 - 11.5) | 24.1  (19.1 - 29.9) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer   
to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority   
of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# OTHER ILLICIT DRUG USE – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 3)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Ever using cocaine** | **Ever using ecstasy** | **Ever using methamphetamine** | **Ever using heroin** |
| **Overall**  **(95% Confidence Interval)** | | **4.5**  **(3.3 - 6.0)** | **4.3**  **(3.3 - 5.6)** | **2.1**  **(1.6 - 2.8)** | **1.7**  **(1.3 - 2.3)** |
| **Grade** | **9th Grade** | 3.0  (1.9 - 4.8) | 2.1  (1.1 - 4.0) | 2.1  (1.2 - 3.6) | 2.2  (1.2 - 3.9) |
| **10th Grade** | 2.9  (1.6 - 5.3) | 3.9  (2.2 - 6.8) | 2.6  (1.4 - 4.8) | 1.3  (0.5 - 3.2) |
| **11th Grade** | 5.8  (3.4 - 9.7) | 5.1  (3.2 - 8.1) | 1.7  (0.8 - 3.3) | 2.0  (1.1 - 3.6) |
| **12th Grade** | 6.2  (3.7 - 10.0) | 5.3  (3.3 - 8.2) | 1.4  (0.7 - 2.9) | 0.8  (0.4 - 1.8) |
| **Gender** | **Male** | 6.1  (4.6 - 8.0) | 5.6  (4.3 - 7.3) | 2.8  (2.0 - 3.8) | 2.3  (1.7 - 3.1) |
| **Female** | 2.6  (1.7 - 4.0) | 2.5  (1.6 - 4.0) | 1.0  (0.5 - 1.8) | 0.8  (0.4 - 1.4) |
| **Race/Ethnicity** | **White, NH** | 3.7  (2.5 - 5.5) | 3.2  (2.4 - 4.3) | 1.1  (0.8 - 1.6) | 0.8  (0.4 - 1.4) |
| **Black, NH** | 3.0  (1.4 - 6.2) | 2.8  (1.2 - 6.7) | 2.2  (1.0 - 5.0) | 1.7  (0.7 - 4.0) |
| **Hispanic** | 7.6  (4.9 - 11.6) | 6.4  (3.8 - 10.5) | 4.3  (2.6 - 6.9) | 3.5  (2.2 - 5.6) |
| **Asian, NH** | 2.2  (0.5 - 9.2) | 4.9  (1.7 - 13.1) | - | 1.1  (0.1 - 7.8) |
| **Multiracial, NH** | - | - | 4.4  (1.6 - 11.5) | 5.6  (2.2 - 13.8) |
| **Sexual Orientation** | **Heterosexual** | 4.2  (3.0 - 5.8) | 3.8  (2.8 - 5.2) | 1.7  (1.2 - 2.4) | 1.3  (0.9 - 1.9) |
| **Gay, Lesbian, and Bisexual** | 6.8  (3.9 - 11.7) | 7.6  (4.2 - 13.4) | 4.3  (2.0 - 8.9) | 4.3  (2.0 - 9.0) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**OTHER ILLICIT DRUG USE – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 3)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Using an inhalant, past 30 days** | ^**Ever using prescription drugs (not their own)** | ^**Using prescription drugs (not their own), past 30 days** | ^**Ever injecting an illegal drug** |
| **Overall**  **(95% Confidence Interval)** | | **2.6**  **(2.0 - 3.5)** | **11.3**  **(9.6 - 12.9)** | **3.6**  **(2.6 - 4.5)** | **1.1**  **(0.7 - 1.6)** |
| **Grade** | **9th Grade** | 2.7  (1.6 - 4.7) | 7.2  (4.9 - 9.5) | 2.4  (1.0 - 3.7) | - |
| **10th Grade** | 2.3  (1.4 - 3.7) | 10.6  (8.0 - 13.2) | 4.4  (2.6 - 6.2) | - |
| **11th Grade** | 3.3  (2.0 - 5.3) | 12.6  (9.3 - 15.8) | 3.9  (1.8 - 6.1) | - |
| **12th Grade** | 1.7  (0.8 - 3.6) | 14.4  (11.4 - 17.3) | 3.4  (1.8 - 5.0) | - |
| **Gender** | **Male** | 3.1  (2.4 - 3.9) | 11.4  (9.2 - 13.7) | 4.2  (2.8 - 5.5) | 1.9 (1.1 - 2.8) |
| **Female** | 2.0  (1.3 - 3.0) | 11.0  (9.0 - 13.1) | 3.0  (1.8 - 4.1) | - |
| **Race/Ethnicity** | **White, NH** | 1.6  (1.1 - 2.4) | 10.7  (8.7 - 12.6) | 3.6  (2.3 - 4.8) | - |
| **Black, NH** | 1.1  (0.3 - 3.9) | 10.6  (5.7 - 15.4) | - | - |
| **Hispanic** | 5.3  (3.4 - 8.1) | 15.1  (12.5 - 17.6) | 4.7  (2.9 - 6.5) | - |
| **Asian, NH** | 3.0  (0.8 - 10.4) | - | - | - |
| **Multiracial, NH** | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 2.2  (1.6 - 3.0) | 10.5  (8.9 - 12.0) | 3.3  (2.3 - 4.3) | 0.9  (0.5 - 1.3) |
| **Gay, Lesbian, and Bisexual** | 5.8  (3.0 - 10.7) | 20.1  (12.7 - 27.5) | - | - |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**OTHER ILLICIT DRUG USE – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 3 OF 3)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Ever using other  drugs\*** | ^**Currently using other drugs\*,  past 30 days** | ^**Ever using  any drugs** | ^**Using anydrug,  past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **44.4**  **(41.1 - 47.8)** | **23.9**  **(21.4 - 26.3)** | **46.3**  **(43.0 - 49.7)** | **24.9**  **(22.3 - 27.5)** |
| **Grade** | **9th Grade** | 29.6  (24.1 - 35.0) | 14.3  (10.8 - 17.8) | 31.1  (25.5 - 36.7) | 15.5  (11.8 - 19.2) |
| **10th Grade** | 44.9  (39.1 - 50.8) | 25.5  (21.1 - 29.9) | 46.4  (40.5 - 52.3) | 26.7  (21.9 - 31.5) |
| **11th Grade** | 48.7  (43.6 - 53.7) | 27.3  (23.7 - 30.9) | 50.3  (45.0 - 55.5) | 28.7  (24.6 - 32.7) |
| **12th Grade** | 54.7  (47.5 - 62.0) | 28.3  (22.4 - 34.2) | 57.6  (51.0 - 64.3) | 28.7  (22.7 - 34.7) |
| **Gender** | **Male** | 48.6  (44.7 - 52.5) | 27.4  (24.1 - 30.8) | 50.2  (46.2 - 54.2) | 28.6  (25.2 - 32.0) |
| **Female** | 40.4  (36.3 - 44.4) | 20.4  (17.6 - 23.2) | 42.5  (38.5 - 46.6) | 21.4  (18.4 - 24.4) |
| **Race/Ethnicity** | **White, NH** | 43.5  (39.4 - 47.6) | 24.1  (21.1 - 27.0) | 45.1  (41.0 - 49.2) | 25.1  (22.0 - 28.2) |
| **Black, NH** | 46.2  (38.7 - 53.8) | 21.7  (14.4 - 28.9) | 48.4  (41.2 - 55.5) | 22.1  (14.7 - 29.4) |
| **Hispanic** | 51.0  (45.3 - 56.6) | 26.1  (22.2 - 30.1) | 53.6  (48.3 - 58.9) | 27.5  (23.5 - 31.5) |
| **Asian, NH** | 24.7  (16.0 - 33.4) | 13.3  (7.6 - 19.0) | 28.3  (20.3 - 36.2) | 13.4  (7.7 - 19.1) |
| **Multiracial, NH** | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 43.7  (40.2 - 47.2) | 23.6  (21.0 - 26.1) | 45.4  (42.0 - 48.9) | 24.6  (21.9 - 27.3) |
| **Gay, Lesbian, and Bisexual** | 53.1  (45.1 - 61.1) | 27.7  (20.9 - 34.6) | 56.9  (48.8 - 65.0) | 29.0  (21.9 - 36.1) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

\*Other drugs include marijuana, inhalants, cocaine, heroin, amphetamines/methamphetamines, ecstasy, and over-the-counter medicine.

**OTHER ILLICIT DRUG USE – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 1 OF 2)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Ever using prescription drugs (not their own)** | **Using prescription drugs (not their own), past 30 days** | **Ever injecting an illegal drug** |
| **Overall**  **(95% Confidence Interval)** | | **3.4**  **(2.7 - 4.2)** | **1.3**  **(0.9 - 1.8)** | **0.7  (0.4 - 1.0)** |
| **Grade** | **6th Grade** | 2.6  (1.6 - 3.6) | - | - |
| **7th Grade** | 3.2  (2.1 - 4.4) | 1.2  (0.5 - 1.9) | - |
| **8th Grade** | 4.3  (3.0 - 5.7) | 2.0  (1.1 - 3.0) | - |
| **Gender** | **Male** | 2.9  (1.9 - 3.8) | - | - |
| **Female** | 4.1  (3.0 - 5.2) | 1.8  (1.0 - 2.5) | 0.7  (0.3 - 1.1) |
| **Race/Ethnicity** | **White, NH** | 2.7  (1.9 - 3.5) | 0.8  (0.4 - 1.3) | - |
| **Black, NH** | - | - | - |
| **Hispanic** | 4.6  (2.8 - 6.3) | 3.2  (1.9 - 4.5) | - |
| **Asian, NH** | - | - | - |
| **Multiracial, NH** | - | - | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial   
categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient   
sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or   
the relative standard error was >30%.

**OTHER ILLICIT DRUG USE – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Ever using  other drugs\*** | **Using other drugs\*,  past 30 days** | **Ever using any drug** | **Using any drug, past 30 days** |
| **Overall**  **(95% Confidence Interval)** | | **9.7**  **(7.9 - 11.4)** | **3.9**  **(3.0 - 4.9)** | **11.5  (9.7 - 13.3)** | **4.7  (3.6 - 5.7)** |
| **Grade** | **6th Grade** | 5.2  (3.7 - 6.8) | 1.6  (0.8 - 2.3) | 7.0  (5.3 - 8.6) | 1.9  (1.0 - 2.7) |
| **7th Grade** | 10.1  (7.7 - 12.5) | 3.5  (2.2 - 4.8) | 11.8  (9.3 - 14.3) | 4.1  (2.8 - 5.5) |
| **8th Grade** | 13.3  (9.9 - 16.7) | 6.4  (4.5 - 8.3) | 15.2  (11.8 - 18.6) | 7.7  (5.7 - 9.8) |
| **Gender** | **Male** | 9.5  (7.3 - 11.7) | 3.6  (2.3 - 4.9) | 10.9  (8.7 - 13.1) | 3.9  (2.6 - 5.2) |
| **Female** | 9.7  (7.9 - 11.6) | 4.0  (2.9 - 5.0) | 12  (10.0 - 14.0) | 5.3  (4.0 - 6.5) |
| **Race/Ethnicity** | **White, NH** | 7.4  (5.7 - 9.1) | 2.9  (1.8 - 4.0) | 8.8  (7.1 - 10.6) | 3.5  (2.3 - 4.6) |
| **Black, NH** | - | - | - | - |
| **Hispanic** | 18.8  (14.5 - 23.0) | 7.7  (5.5 - 10.0) | 20.5  (16.5 - 24.6) | 9.5  (7.3 - 11.8) |
| **Asian, NH** | - | - | - | - |
| **Multiracial, NH** | 12.3  (6.1 - 18.5) | - | 15.7  (9.1 - 22.3) | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

\*Other drugs include marijuana, inhalants, cocaine, heroin, amphetamines/methamphetamines, ecstasy, and over-the-counter medicine.

# GAMBLING – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Playing lottery or  scratch tickets,  past year** | **^Gambling  at a casino,  past year** | **^Engaging in other forms of gambling\*, past year** | **^Engaging in ANY form of gambling, past year** |
| **Overall**  **(95% Confidence Interval)** | | **37.2**  **(34.2 - 40.3)** | **2.7**  **(2.0 - 3.5)** | **25.4**  **(22.9 - 27.9)** | **46.2**  **(43.3 - 49.2)** |
| **Grade** | **9th Grade** | 34.3  (30.3 - 38.3) | - | 26.3  (22.9 - 29.7) | 44.0  (40.2 - 47.8) |
| **10th Grade** | 35.1  (30.2 - 39.9) | - | 25.1  (21.6 - 28.5) | 45.6  (40.8 - 50.3) |
| **11th Grade** | 36.6  (32.2 - 40.9) | - | 25.5  (20.5 - 30.5) | 45.0  (40.3 - 49.6) |
| **12th Grade** | 43.6  (36.5 - 50.6) | 6.1  (3.8 - 8.5) | 24.3  (19.6 - 29.1) | 50.6  (44.4 - 56.8) |
| **Gender** | **Male** | 39.8  (35.5 - 44.0) | 3.8  (2.4 - 5.2) | 35.9  (31.8 - 39.9) | 52.3  (48.1 - 56.5) |
| **Female** | 34.7  (31.4 - 38.0) | 1.7  (1.0 - 2.4) | 14.9  (12.9 - 17.0) | 40.3  (36.9 - 43.6) |
| **Race/Ethnicity** | **White, NH** | 41.7  (38.4 - 45.0) | 2.2  (1.4 - 3.0) | 26.8  (23.7 - 29.9) | 50.3  (47.0 - 53.5) |
| **Black, NH** | 17.9  (12.6 - 23.1) | - | 20.3  (12.2 - 28.4) | 28.2  (20.3 - 36.2) |
| **Hispanic** | 30.1  (24.7 - 35.6) | 4.2  (2.0 - 6.3) | 21.4  (16.2 - 26.6) | 38.9  (32.9 - 44.8) |
| **Asian, NH** | 29.8  (18.5 - 41.1) | - | 22.9  (15.2 - 30.6) | 41.4  (31.3 - 51.4) |
| **Multiracial, NH** | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 37.4  (34.3 - 40.5) | 2.4  (1.7 - 3.1) | 26.3  (23.8 - 28.9) | 47.0  (44.0 - 50.0) |
| **Gay, Lesbian, and Bisexual** | 35.9  (28.6 - 43.1) | - | 17.8  (11.8 - 23.8) | 39.5  (31.8 - 47.3) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to   
non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

\*Other forms of gambling include betting on sporting events, games of personal skill (e.g. pool, bowling, dominoes or darts), dice games, horse or other animal races, video poker or other  
 gambling machines, playing cards or bingo for money or prizes, and/or gambling on the internet.

**GAMBLING – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students**  **who reported:** | | **Playing lottery or  scratch tickets,  past year** | **Gambling  at a casino,  past year** | **Engaging in other forms of gambling\*, past year** | **Engaging in ANY form of gambling, past year** |
| **Overall**  **(95% Confidence Interval)** | | **31.8**  **(29.7 - 33.8)** | **1.1**  **(0.7 - 1.5)** | **21.0**  **(19.1 - 22.9)** | **40.0**  **(37.8 - 42.3)** |
| **Grade** | **6th Grade** | 27.4  (24.3 - 30.4) | - | 16.2  (13.3 - 19.1) | 33.4  (30.0 - 36.9) |
| **7th Grade** | 30.1  (27.1 - 33.1) | 1.4  (0.6 - 2.1) | 21.9  (19.2 - 24.5) | 39.7  (36.4 - 43.0) |
| **8th Grade** | 37.5  (33.9 - 41.1) | - | 24.6  (21.2 - 28.0) | 46.7  (43.0 - 50.4) |
| **Gender** | **Male** | 33.3  (30.6 - 36.0) | 1.3  (0.6 - 2.1) | 25.1  (22.3 - 27.9) | 43.8  (40.8 - 46.8) |
| **Female** | 30.3  (27.5 - 33.1) | 0.9  (0.5 - 1.3) | 16.7  (14.3 - 19.0) | 36.2  (33.3 - 39.1) |
| **Race/Ethnicity** | **White, NH** | 35.6  (33.1 - 38.1) | 0.8  (0.4 - 1.1) | 20.9  (18.5 - 23.3) | 43.2  (40.4 - 46.0) |
| **Black, NH** | 18.9  (12.5 - 25.3) | - | 21.2  (13.3 - 29.1) | 31.3  (23.5 - 39.1) |
| **Hispanic** | 26.3  (22.4 - 30.3) | - | 22.9  (18.3 - 27.6) | 37.3  (32.3 - 42.2) |
| **Asian, NH** | 26.1  (16.4 - 35.8) | - | 19.0  (10.4 - 27.5) | 31.8  (21.9 - 41.6) |
| **Multiracial, NH** | 31.7  (23.2 - 40.2) | - | 23.5  (17.0 - 30.0) | 39.8  (31.9 - 47.6) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

\*Other forms of gambling include betting on sporting events, games of personal skill (e.g. pool, bowling, dominoes or darts), dice games, horse or other animal races, video poker or other gambling machines, playing cards or bingo for money or prizes, and/or gambling on the internet.

# BULLYING – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Being bullied at school,**  **past year** | **Being cyber-bullied,  past year** | **^Thinking most their age bully or push others around** | **^Initiating bullying,**  **past year** | **^Initiating cyber-bullying,**  **past year** |
| **Overall**  **(95% Confidence Interval)** | | **15.6**  **(14.0 - 17.4)** | **13.0**  **(11.5 - 14.6)** | **47.1**  **(43.1 - 51.0)** | **6.6**  **(5.5 - 7.7)** | **4.7**  **(3.9 - 5.5)** |
| **Grade** | **9th Grade** | 20.1  (17.0 - 23.5) | 14.4  (12.2 - 17.0) | 51.9  (46.9 - 57.0) | 4.9  (3.4 - 6.5) | 4.3  (3.0 - 5.7) |
| **10th Grade** | 15.2  (13.0 - 17.7) | 12.6 (10.7 - 14.8) | 49  (43.3 - 54.7) | 7.5  (5.7 - 9.3) | 5.7  (3.8 - 7.6) |
| **11th Grade** | 14.5  (12.0 - 17.5) | 12.5 (9.8 - 15.7) | 42.8  (36.9 - 48.6) | 7.0  (4.6 - 9.5) | 4.2  (2.5 - 5.9) |
| **12th Grade** | 12.3  (9.5 - 15.7) | 12.4 (9.1 - 16.6) | 43.8  (36.5 - 51.1) | 7.2  (4.1 - 10.3) | 4.7  (3.1 - 6.4) |
| **Gender** | **Male** | 12.6  (10.6 - 14.9) | 8.8 (7.3 - 10.5) | 42.3  (38.1 - 46.5) | 9.5  (7.4 - 11.7) | 5.0  (3.6 - 6.4) |
| **Female** | 18.7  (16.2 - 21.4) | 17.4  (15.2 - 19.9) | 51.9  (46.9 - 56.8) | 3.8  (2.7 - 4.9) | 4.6  (3.4 - 5.9) |
| **Race/Ethnicity** | **White, NH** | 16.6  (14.5 - 18.9) | 14.6 (12.7 - 16.8) | 42.7  (38.4 - 46.9) | 6.6  (5.4 - 7.8) | 4.9  (3.8 - 6.0) |
| **Black, NH** | 10.1  (7.7 - 13.3) | 7.1 (5.0 - 9.9) | 67.1  (60.9 - 73.3) | 8.8  (4.8 - 12.8) | - |
| **Hispanic** | 15.4  (12.8 - 18.5) | 11.5 (8.9 - 14.8) | 56  (51.5 - 60.6) | 5.6  (3.8 - 7.3) | 5.4  (3.5 - 7.4) |
| **Asian, NH** | 10.9  (6.4 - 18.1) | 4.3 (2.0 - 9.2) | 44.3  (33.7 - 55.0) | - | - |
| **Multiracial, NH** | 17.4  (10.7 - 27.0) | 16.2 (10.5 - 24.3) | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 13.8 (12.3 - 15.5) | 11.7 (10.3 - 13.4) | 46.4  (42.3 - 50.4) | 6.1  (4.9 - 7.2) | 4.2  (3.4 - 5.1) |
| **Gay, Lesbian, and Bisexual** | 34.3 (27.2 - 42.2) | 26.8 (20.5 - 34.2) | 53.5  (45.1 - 61.8) | 13.2  (7.7 - 18.7) | 11.3  (7.1 - 15.5) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# BULLYING – MASSACHUSETTS MIDDLE SCHOOL STUDENTS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Thinking most their age bully or push others around** | **Being bullied at school, past year** | **Being cyber-bullied,  past year** | **Initiating bullying, past year** | **Initiating cyber-bullying, past year** |
| **Overall**  **(95% Confidence Interval)** | | **54.9**  **(51.5 - 58.4)** | **32.9**  **(30.6 - 35.2)** | **15.2**  **(13.8 - 16.7)** | **5.1**  **(4.2 - 6.1)** | **3.8**  **(3.0 - 4.7)** |
| **Grade** | **6th Grade** | 50.9  (45.7 - 56.1) | 35.0  (31.1 - 38.8) | 14.7  (12.1 - 17.3) | 4.6  (3.0 - 6.2) | 1.9  (0.9 - 2.8) |
| **7th Grade** | 59.9  (55.1 - 64.6) | 33.7  (30.2 - 37.1) | 14.9  (12.4 - 17.5) | 6.3  (4.4 - 8.1) | 4.3  (2.6 - 6.0) |
| **8th Grade** | 54.0  (49.1 - 59.0) | 29.9  (26.2 - 33.6) | 15.8  (13.5 - 18.2) | 4.4  (3.2 - 5.7) | 5.2 (3.8 - 6.7) |
| **Gender** | **Male** | 48.6  (45.1 - 52.0) | 28.5  (25.5 - 31.4) | 9.1  (7.6 - 10.5) | 5.9  (4.6 - 7.2) | 3.5  (2.5 - 4.5) |
| **Female** | 61.6  (57.4 - 65.9) | 37.2  (34.1 - 40.4) | 21.5  (19.1 - 23.9) | 4.3  (3.2 - 5.3) | 4.2  (3.1 - 5.4) |
| **Race/Ethnicity** | **White, NH** | 51.1  (47.2 - 55.0) | 33.8  (30.9 - 36.7) | 15.5  (13.5 - 17.4) | 3.6  (2.7 - 4.4) | 3.2  (2.2 - 4.1) |
| **Black, NH** | 65.0  (58.3 - 71.7) | 24.3  (17.6 - 31.1) | 13.4  (8.4 - 18.5) | 10.3  (6.6 - 14.1) | 6.7  (3.0 - 10.4) |
| **Hispanic** | 65.8  (61.3 - 70.3) | 32.8  (28.4 - 37.2) | 15.0  (12.1 - 18.0) | 8.2  (6.0 - 10.5) | 4.8  (2.9 - 6.8) |
| **Asian, NH** | 59.6  (49.6 - 69.6) | 33.3  (24.3 - 42.2) | 14.3  (8.6 - 19.9) | 11.1  (4.7 - 17.5) | - |
| **Multiracial, NH** | 61.5  (51.9 - 71.1) | 40.3  (30.9 - 49.8) | 18.7  (12.0 - 25.4) | - | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# DATING and SEXUAL VIOLENCE – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Being a victim of physical dating violence, past year** | **Being a victim of sexual dating violence, past year** | **Ever having sexual contact against their will** | **Ever being physically forced to have sexual intercourse** | **^Having their activity monitored by someone they were dating, past year** |
| **Overall**  **(95% Confidence Interval)** | | **6.7**  **(5.1 - 8.6)** | **7.5**  **(6.2 - 9.0)** | **9.2**  **(8.0 - 10.5)** | **5.5**  **(4.4 - 6.8)** | **24.3**  **(21.9 - 26.7)** |
| **Grade** | **9th Grade** | 4.4  (2.7 - 7.1) | 7.6  (5.0 - 11.4) | 5.9  (4.1 - 8.4) | 5.1  (3.4 - 7.6) | 20.7  (16.2 - 25.1) |
| **10th Grade** | 7.8  (4.8 - 12.4) | 8.3  (6.1 - 11.3) | 9.9  (7.7 - 12.7) | 5.0  (3.6 - 7.1) | 26.2  (21.1 - 31.2) |
| **11th Grade** | 6.1  (4.4 - 8.5) | 7.4  (5.3 - 10.2) | 8.3  (6.6 - 10.4) | 4.9  (3.6 - 6.5) | 22.9  (17.4 - 28.4) |
| **12th Grade** | 7.6  (4.6 - 12.1) | 6.4  (4.5 - 9.1) | 12.6  (9.4 - 16.6) | 6.6  (4.2 - 10.1) | 27.6  (22.6 - 32.6) |
| **Gender** | **Male** | 4.1  (2.7 - 6.3) | 3.7  (2.5 - 5.7) | 5.2  (4.0 - 6.7) | 3.3  (2.3 - 4.8) | 22.8  (19.6 - 26.0) |
| **Female** | 9.3  (7.3 - 11.8) | 11.2  (8.9 - 14.0) | 13.3  (11.1 - 15.8) | 7.6  (6.0 - 9.6) | 25.8  (22.3 - 29.2) |
| **Race/ Ethnicity** | **White, NH** | 5.7  (4.3 - 7.5) | 6.6  (5.2 - 8.4) | 8.3  (7.0 - 10.0) | 4.4  (3.2 - 6.0) | 24.1  (21.2-27.1) |
| **Black, NH** | 11.4  (4.6 - 25.5) | 9.9  (5.5 - 17.1) | 8.9  (4.5 - 16.8) | 8.3  (5.6 - 12.0) | 22.9  (17.3-28.6) |
| **Hispanic** | 9.6  (6.3 - 14.3) | 9.3  (6.4 - 13.4) | 13.9  (11.5 - 16.8) | 7.0  (4.6 - 10.4) | 29.0  (24.8-33.1) |
| **Asian, NH** | - | - | 6.1  (2.2 - 15.9) | 5.5  (3.2 - 9.4) | - |
| **Multiracial, NH** | - | - | - | 13.0  (7.3 - 22.3) | - |
| **Sexual Orientation** | **Heterosexual** | 6.0  (4.6-7.9) | 6.4  (5.1-8.0) | 7.3  (6.2-8.7) | 4.5  (3.6-5.7) | 23.1  (20.6 - 25.5) |
| **Gay, Lesbian, and Bisexual** | 11.9  (7.0-19.5) | 15.4  (10.3-22.3) | 24.2  (20.1-28.8) | 12.9  (8.7-18.7) | 36.2  (28.0 - 44.4) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# DATING and FAMILY VIOLENCE – MASSACHUSETTS MIDDLE SCHOOL STUDENTS

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Being the victim of dating violence, past year** | **Having their activity monitored by someone they were dating, past year** | **Threatening to hurt, physically hurt, or try to hurt a date, past year** | **Being physically hurt by someone in their family, past year** | **Witnessing violence in their family, past year** |
| **Overall**  **(95% Confidence Interval)** | | **3.6**  **(2.7 - 4.6)** | **15.5**  **(13.5 - 17.5)** | **1.2**  **(0.8 - 1.7)** | **8.0**  **(6.9 - 9.0)** | **8.6**  **(7.5 - 9.8)** |
| **Grade** | **6th Grade** | 2.6  (1.4 - 3.9) | 16.1  (12.1 - 20.0) | - | 8.7  (6.8 - 10.6) | 7.1  (5.1 - 9.1) |
| **7th Grade** | 3.8  (2.0 - 5.6) | 13.9  (10.5 - 17.3) | 1.9  (0.9 - 2.8) | 7.8  (6.1 - 9.6) | 9.2  (7.5 - 11.0) |
| **8th Grade** | 4.0  (2.3 - 5.6) | 16.7  (13.7 - 19.7) | 1.1  (0.5 - 1.8) | 7.2  (5.5 - 8.8) | 9.5  (7.4 - 11.6) |
| **Gender** | **Male** | 2.7  (1.6 - 3.9) | 15.5  (13.2 - 17.7) | 1.2  (0.5 - 1.8) | 8.4  (6.8 - 9.9) | 8.0  (6.6 - 9.4) |
| **Female** | 4.4  (3.1 - 5.8) | 15.7  (13.0 - 18.5) | 1.2  (0.6 - 1.7) | 7.1  (5.8 - 8.4) | 9.4  (7.8 - 11.1) |
| **Race/Ethnicity** | **White, NH** | 2.9  (1.9 - 3.9) | 12.0  (9.7 - 14.2) | - | 7.0  (5.6 - 8.4) | 7.4  (6.0 - 8.7) |
| **Black, NH** | - | 18.5  (11.8 - 25.2) | - | 9.8  (5.6 - 13.9) | 9.6  (5.8 - 13.4) |
| **Hispanic** | 4.9  (3.0 - 6.9) | 21.6  (17.3 - 25.9) | 2.7  (1.4 - 4.1) | 8.3  (5.8 - 10.7) | 11.3  (8.8 - 13.8) |
| **Asian, NH** | - | - | - | 15.6  (9.0 - 22.2) | - |
| **Multiracial, NH** | - | - | - | 11.2  (5.6 - 16.9) | 12.9  (6.5 - 19.2) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# OTHER VIOLENCE and VIOLENCE-RELATED EXPERIENCES –MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 2)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Being involved in a fight, past year** | **Being injured in a fight, past year** | **Carrying a weapon, past 30 days** | **Carrying a gun, past 30 days** | **Being a member of a gang, past year** |
| **Overall**  **(95% Confidence Interval)** | | **19.2**  **(16.7 - 22.0)** | **2.0**  **(1.4 - 2.8)** | **12.6**  **(10.4 - 15.3)** | **2.7**  **(2.1 - 3.5)** | **8.0**  **(6.8 - 9.4)** |
| **Grade** | **9th Grade** | 19.8  (16.1 - 24.0) | 2.1  (1.4 - 3.3) | 11.3  (8.6 - 14.8) | 2.8  (1.9 - 4.3) | 6.6  (5.0 - 8.6) |
| **10th Grade** | 22.3  (18.5 - 26.7) | 2.2  (1.3 - 3.6) | 10.2  (7.9 - 13.1) | 2.5  (1.4 - 4.5) | 9.5  (6.5 - 13.8) |
| **11th Grade** | 18.0  (13.9 - 23.2) | 2.0  (1.0 - 3.8) | 14.2  (10.9 - 18.2) | 3.1  (1.9 - 5.2) | 8.2  (6.2 - 10.8) |
| **12th Grade** | 15.4  (11.2 - 20.6) | 1.2  (0.6 - 2.7) | 13.7  (10.6 - 17.6) | 2.2  (1.3 - 3.8) | 7.1  (5.2 - 9.6) |
| **Gender** | **Male** | 26.8  (23.7 - 30.1) | 2.7  (1.8 - 3.9) | 19.9  (16.7 - 23.5) | 4.5  (3.6 - 5.7) | 8.6  (6.9 - 10.6) |
| **Female** | 11.4  (9.3 - 14.0) | 1.2  (0.6 - 2.3) | 5.0  (3.7 - 6.8) | 0.9  (0.5 - 1.8) | 7.3  (5.8 - 9.2) |
| **Race/Ethnicity** | **White, NH** | 17.5  (14.8 - 20.7) | 2.0  (1.3 - 3.1) | 12.4  (9.9 - 15.4) | 2.1  (1.4 - 3.1) | 6.1  (5.1 - 7.2) |
| **Black, NH** | 23.5  (14.5 - 35.7) | 2.2  (0.5 - 9.0) | 11.3  (6.8 - 18.3) | 1.9  (0.8 - 4.8) | 16.0  (11.7 - 21.4) |
| **Hispanic** | 25.9  (20.4 - 32.1) | 2.4  (1.1 - 5.1) | 13.9  (10.9 - 17.6) | 5.5  (3.6 - 8.5) | 13.3  (9.0 - 19.2) |
| **Asian, NH** | 11.4  (6.1 - 20.4) | - | 7.5  (3.5 - 15.2) | 2.8  (0.9 - 8.7) | 4.0  (1.6 - 9.5) |
| **Multiracial, NH** | 31.4  (21.5 - 43.4) | - | 14.9  (10.3 - 21.1) | - | - |
| **Sexual Orientation** | **Heterosexual** | 19.0  (16.6-21.8) | 1.7  (1.2-2.5) | 12.3  (10.0-15.0) | 2.6  (1.9-3.5) | 7.6  (6.3-9.2) |
| **Gay, Lesbian, and Bisexual** | 22.7  (16.5-30.5) | 4.1  (1.8-9.0) | 17.7  (12.4-24.7) | 3.4  (1.5-7.6) | 10.7  (6.4-17.3) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**OTHER VIOLENCE and VIOLENCE-RELATED EXPERIENCES AT SCHOOL – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Skipping school because they felt unsafe, past 30 days** | **Being threatened or injured with a weapon at school, past year** | **Carrying a weapon at school, past 30 days** | **Being in a physical fight at school, past year** |
| **Overall**  **(95% Confidence Interval)** | | **4.8**  **(3.9 - 5.9)** | **4.1**  **(3.2 - 5.1)** | **3.2**  **(2.5 - 4.1)** | **5.6**  **(4.5 - 7.0)** |
| **Grade** | **9th Grade** | 4.7  (3.4 - 6.7) | 4.2  (3.0 - 6.0) | 3.1  (1.9 - 4.9) | 5.8  (4.0 - 8.3) 731 |
| **10th Grade** | 4.3  (3.2 - 5.7) | 3.6  (2.4 - 5.4) | 2.7  (1.6 - 4.6) | 6.0  (4.3 - 8.5) |
| **11th Grade** | 4.7  (3.3 - 6.7) | 4.4  (3.1 - 6.1) | 3.5  (2.1 - 5.9) | 5.4  (3.6 - 8.2) |
| **12th Grade** | 5.2  (3.4 - 7.8) | 3.0  (1.7 - 5.2) | 2.8  (1.6 - 5.0) | 4.8  (2.9 - 8.0) |
| **Gender** | **Male** | 3.8  (2.9 - 5.0) | 5.0  (3.9 - 6.4) | 4.6  (3.5 - 5.8) | 7.7  (6.4 - 9.2) |
| **Female** | 5.8  (4.6 - 7.3) | 2.8  (2.0 - 4.0) | 1.6  (1.0 - 2.6) | 3.3  (2.1 - 5.2) |
| **Race/Ethnicity** | **White, NH** | 3.9  (3.0 - 4.9) | 3.2  (2.4 - 4.3) | 2.1  (1.5 - 3.1) | 4.3  (3.3 - 5.4) |
| **Black, NH** | 6.2  (4.0 - 9.4) | 5.4  (2.7 - 10.8) | 3.8  (1.8 - 7.7) | 8.7  (4.0 - 17.8) |
| **Hispanic** | 8.2  (6.0 - 11.3) | 6.4  (4.9 - 8.2) | 6.3  (4.4 - 9.1) | 9.2  (6.8 - 12.4) |
| **Asian, NH** | 2.5  (0.7 - 8.4) | 0.8  (0.2 - 3.9) | 1.1  (0.1 - 7.7) | 3.9  (1.7 - 8.8) |
| **Multiracial, NH** | 5.0  (1.9 - 12.8) | 4.5  (2.1 - 9.2) | 8.5  (4.5 - 15.5) | 9.5  (5.3 - 16.4) |
| **Sexual Orientation** | **Heterosexual** | 3.8  (2.9-4.8) | 3.5  (2.7-4.6) | 2.8  (2.1-3.8) | 5.3  (4.3-6.6) |
| **Gay, Lesbian, and Bisexual** | 13.4  (8.8-20.0) | 6.7  (3.5-12.5) | 7.6  (4.2-13.4) | 9.0  (5.6-13.9) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# MENTAL HEALTH and SUICIDALITY – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 2)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Feeling sad or hopeless for 2+ weeks that they stopped doing usual activities, past year** | **Injuring oneself intentionally without wanting to die,**  **past year** | **Seriously considering suicide, past year** |
| **Overall**  **(95% Confidence Interval)** | | **27.4**  **(25.5 - 29.4)** | **18.0**  **(16.2 - 19.9)** | **14.9**  **(13.1 - 16.8)** |
| **Grade** | **9th Grade** | 23.4  (20.3 - 27.0) | 17.7  (15.3 - 20.3) | 13.1  (10.9 - 15.7) |
| **10th Grade** | 27.2  (22.0 - 33.1) | 18.6  (15.0 - 22.8) | 15.2  (11.7 - 19.5) |
| **11th Grade** | 29.9  (26.1 - 34.0) | 18.8  (16.0 - 22.0) | 16.1  (12.5 - 20.3) |
| **12th Grade** | 28.9  (23.6 - 34.8) | 16.2  (12.5 - 20.6) | 14.5  (10.2 - 20.1) |
| **Gender** | **Male** | 19.9  (17.5 - 22.6) | 11.5  (9.7 - 13.6) | 12.2  (10.4 - 14.3) |
| **Female** | 34.8  (32.1 - 37.7) | 24.4  (21.9 - 27.2) | 17.4  (15.2 - 19.9) |
| **Race/Ethnicity** | **White, NH** | 25.1  (22.9 - 27.3) | 18.4  (16.3 - 20.7) | 14.4  (12.4 - 16.8) |
| **Black, NH** | 29.4  (23.4 - 36.3) | 10.3  (6.2 - 16.5) | 16.8  (12.0 - 22.9) |
| **Hispanic** | 34.9  (30.1 - 40.1) | 21.4  (17.7 - 25.8) | 16.8  (13.6 - 20.5) |
| **Asian, NH** | 30.4  (22.1 - 40.1) | 13.4  (7.2 - 23.6) | 11.0  (5.5 - 21.0) |
| **Multiracial, NH** | 32.4  (22.8 - 43.7) | 27.1  (19.6 - 36.3) | 17.2  (10.6 - 26.8) |
| **Sexual Orientation** | **Heterosexual** | 23.9  (21.9-26.0) | 14.5  (12.9-16.2) | 11.3  (9.6-13.3) |
| **Gay, Lesbian, and Bisexual** | 61.1  (54.3-67.6) | 49.7  (41.8-57.5) | 48.2  (41.8-54.7) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**MENTAL HEALTH and SUICIDALITY – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Making a suicide plan,**  **past year** | **Attempting suicide,**  **past year** | **Attempting suicide that resulted in an injury, poisoning or overdose that had to be treated by a doctor or nurse, past year** |
| **Overall**  **(95% Confidence Interval)** | | **11.9**  **(10.6 - 13.4)** | **7.0**  **(6.0 - 8.2)** | **2.8**  **(2.2 - 3.6)** |
| **Grade** | **9th Grade** | 10.0  (7.7 - 13.0) | 7.2  (4.8 - 10.6) | 2.1  (1.2 - 3.7) |
| **10th Grade** | 12.4  (9.8 - 15.7) | 8.0  (6.4 - 10.0) | 3.5  (2.2 - 5.5) |
| **11th Grade** | 13.8  (11.3 - 16.6) | 8.0  (5.8 - 10.8) | 4.0  (2.6 - 6.3) |
| **12th Grade** | 11.5  (8.4 - 15.5) | 4.2  (2.5 - 6.9) | 1.5  (0.6 - 4.0) |
| **Gender** | **Male** | 9.8  (8.3 - 11.6) | 5.4  (4.1 - 7.0) | 2.5  (1.7 - 3.8) |
| **Female** | 14.0  (11.9 - 16.3) | 8.2  (6.5 - 10.3) | 2.9  (2.0 - 4.2) |
| **Race/Ethnicity** | **White, NH** | 10.7  (9.1 - 12.5) | 5.3  (4.1 - 6.7) | 1.8  (1.2 - 2.8) |
| **Black, NH** | 15.8  (11.8 - 20.8) | 7.4  (4.4 - 12.0) | 2.9  (1.4 - 6.0) |
| **Hispanic** | 13.8  (10.3 - 18.2) | 11.2  (8.4 - 14.8) | 5.0  (3.0 - 8.2) |
| **Asian, NH** | 13.4  (9.4 - 18.6) | 6.7  (2.8 - 15.1) | 2.5  (0.6 - 10.4) |
| **Multiracial, NH** | 14.2  (8.6 - 22.6) | - | - |
| **Sexual Orientation** | **Heterosexual** | 9.7  (8.5-11.0) | 5.2  (4.3-6.3) | 2.3  (1.7-3.1) |
| **Gay, Lesbian, and Bisexual** | 34.7  (28.4-41.5) | 24.8  (19.1-31.5) | 6.4  (3.5-11.5) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**MENTAL HEALTH and SUICIDALITY – MASSACHUSETTS MIDDLE SCHOOL STUDENTS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Injuring oneself intentionally without wanting to die,**  **past year** | **Feeling sad or hopeless for 2+ weeks that they stopped doing usual activities, past year** | **Seriously considering suicide, past year** | **Attempting suicide, past year** |
| **Overall**  **(95% Confidence Interval)** | | **15.8**  **(14.2 - 17.3)** | **18.1**  **(16.0 - 20.2)** | **8.0**  **(6.8 - 9.2)** | **4.0**  **(3.3 - 4.8)** |
| **Grade** | **6th Grade** | 13.9  (11.6 - 16.2) | 15.6  (12.0 - 19.3) | 5.0  (3.5 - 6.4) | 2.4  (1.4 - 3.5) |
| **7th Grade** | 16.2  (13.4 - 18.9) | 18.8  (15.4 - 22.1) | 8.1  (6.4 - 9.9) | 4.4  (3.0 - 5.9) |
| **8th Grade** | 17.2  (14.4 - 19.9) | 19.9  (16.6 - 23.2) | 10.8  (8.5 - 13.1) | 5.1  (3.8 - 6.5) |
| **Gender** | **Male** | 11.5  (9.8 - 13.1) | 11.1  (9.2 - 12.9) | 4.0  (3.1 - 4.9) | 1.9  (1.2 - 2.6) |
| **Female** | 20.3  (17.9 - 22.7) | 25.0  (21.8 - 28.1) | 12.3  (10.3 - 14.3) | 6.2  (4.8 - 7.7) |
| **Race/Ethnicity** | **White, NH** | 13.2  (11.6 - 14.9) | 14.6  (12.5 - 16.6) | 7.5  (5.9 - 9.0) | 3.2  (2.4 - 4.0) |
| **Black, NH** | 17.3  (11.6 - 23.1) | 22.4  (16.6 - 28.1) | 6.8  (2.9 - 10.7) | - |
| **Hispanic** | 23.3  (19.7 - 26.9) | 28.6  (24.4 - 32.8) | 10.0  (7.6 - 12.4) | 7.3  (5.2 - 9.4) |
| **Asian, NH** | 15.2  (7.3 - 23.1) | 20.0  (12.8 - 27.3) | - | - |
| **Multiracial, NH** | 16.4  (9.2 - 23.7) | 26.7  (18.2 - 35.1) | 17.7  (10.0 - 25.4) | - |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-  
Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions.   
Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# SEXUAL BEHAVIORS and EXPERIENCES – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 2)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Ever having sexual intercourse** | **Having sexual intercourse in the past 3 months** | **Having sexual intercourse before age 13** | **Using a condom at last sexual intercourse** | **Having had sexual intercourse with 4+ partners during their life** |
| **Overall**  **(95% Confidence Interval)** | | **36.4**  **(32.4 - 40.6)** | **27.7**  **(24.4 - 31.3)** | **2.9**  **(2.2 - 3.8)** | **62.5**  **(58.9 - 65.9)** | **7.9**  **(6.2 - 10.0)** |
| **Grade** | **9th Grade** | 14.2  (10.6 - 18.8) | 9.8  (7.1 - 13.4) | 3.0  (1.6 - 5.6) | - | 2.7  (1.3 - 5.3) |
| **10th Grade** | 30.6  (25.4 - 36.4) | 23.8  (19.5 - 28.8) | 2.5  (1.5 - 3.9) | 67.5  (56.0 - 77.2) | 4.8  (3.4 - 6.9) |
| **11th Grade** | 41.8  (37.4 - 46.4) | 31.2  (28.2 - 34.3) | 2.4  (1.3 - 4.5) | 62.5  (54.4 - 69.9) | 7.7  (5.5 - 10.8) |
| **12th Grade** | 60.3  (54.9 - 65.5) | 47.0  (42.1 - 52.0) | 3.5  (2.2 - 5.5) | 58.9  (53.3 - 64.4) | 16.8  (13.0 - 21.3) |
| **Gender** | **Male** | 38.3  (33.3 - 43.6) | 27.6  (23.3 - 32.3) | 4.3  (3.2 - 5.9) | 67.6  (63.4 - 71.5) | 9.8  (7.5 - 12.7) |
| **Female** | 34.5  (30.8 - 38.4) | 27.9  (24.6 - 31.4) | 1.6  (1.0 - 2.5) | 57.4  (51.6 - 63.0) | 6.0  (4.6 - 7.8) |
| **Race/Ethnicity** | **White, NH** | 35.0  (30.8 - 39.4) | 27.3  (23.9 - 30.9) | 1.7  (1.1 - 2.6) | 63.6  (59.3 - 67.6) | 6.7  (5.2 - 8.6) |
| **Black, NH** | 39.2  (30.2 - 49.1) | 23.3  (17.1 - 30.8) | 7.8  (4.0 - 14.5) | - | 14.0  (7.7 - 24.1) |
| **Hispanic** | 43.3  (38.6 - 48.2) | 31.3  (26.9 - 36.2) | 6.5  (4.3 - 9.5) | 57.4  (50.1 - 64.5) | 11.5  (8.4 - 15.6) |
| **Asian, NH** | 26.8  (12.7 - 47.8) | 23.1  (11.8 - 40.1) | 1.3  (0.2 - 7.4) | - | 4.4  (1.2 - 14.5) |
| **Multiracial, NH** | - | - | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 36.7  (32.7-41.0) | 28.3  (24.9-32.0) | 2.7  (1.8-3.8) |  | 7.5  (5.6-9.9) |
| **Gay, Lesbian, and Bisexual** | 41.3  (33.1-50.0) | 27.9  (21.8-35.0) | 4.7  (2.6-8.6) | - | 12.7  (8.7-18.1) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**SEXUAL BEHAVIORS and EXPERIENCES – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Drinking alcohol or using drugs at last sexual intercourse** | **Not using any method to prevent pregnancy at last sexual intercourse (among students who had sex in the past 3 months)** | **Having been or gotten someone pregnant** | **Ever being tested for HIV** |
| **Overall**  **(95% Confidence Interval)** | | **21.8**  **(18.1 - 26.0)** | **8.6**  **(6.5 - 11.4)** | **2.9**  **(2.0 - 4.2)** | **9.9**  **(8.0 - 12.2)** |
| **Grade** | **9th Grade** | - | - | 1.8  (1.1 - 2.9) | 6.1  (4.2 - 8.9) |
| **10th Grade** | 19.3  (12.4 - 28.8) | 8.5  (4.3 - 16.1) | 3.0  (1.8 - 4.9) | 8.7  (6.0 - 12.5) |
| **11th Grade** | 16.0  (11.5 - 21.9) | 11.0  (7.9 - 15.2) | 3.2  (1.9 - 5.1) | 11.6  (9.0 - 14.9) |
| **12th Grade** | 27.3  (20.7 - 35.1) | 6.2  (3.6 - 10.6) | 3.6  (1.6 - 7.8) | 13.7  (10.5 - 17.7) |
| **Gender** | **Male** | 23.7  (18.7 - 29.6) | 8.0  (5.2 - 12.0) | 3.3  (2.4 - 4.6) | 9.9  (8.1 - 12.0) |
| **Female** | 19.4  (14.1 - 26.1) | 9.2  (6.7 - 12.6) | 2.4  (1.4 - 4.1) | 9.6  (7.1 - 12.9) |
| **Race/Ethnicity** | **White, NH** | 20.3  (16.0 - 25.4) | 6.3  (4.1 - 9.5) | 1.6  (1.0 - 2.7) | 6.9  (5.6 - 8.5) |
| **Black, NH** | - | - | 3.5  (1.3 - 9.1) | 17.6  (11.8 - 25.3) |
| **Hispanic** | 19.2  (14.5 - 24.9) | 15.3  (10.6 - 21.5) | 7.2  (4.9 - 10.5) | 17.5  (13.5 - 22.4) |
| **Asian, NH** | - | - | 0.2  (0.0 - 1.4) | 10.1  (5.7 - 17.2) |
| **Multiracial, NH** | - | - | 5.9  (2.2 - 15.3) | 11.5  (5.6 - 22.2) |
| **Sexual Orientation** | **Heterosexual** | 21.6  (17.8-25.9) | 6.8  (5.1-9.1) | 2.9  (2.0-4.3) | 9.6  (7.6-12.2) |
| **Gay, Lesbian, and Bisexual** | - | - | 2.7  (1.0-6.9) | 12.5  (8.8-17.4) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# SEXUAL HEALTH EDUCATION – MASSACHUSETTS HIGH SCHOOL STUDENTS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **Ever being taught about HIV/AIDS in school** | **Ever being taught how to use condoms in school** | **Ever being taught about birth control methods in school** | **Not talking with parents about sexuality or prevention of HIV, STDs, or pregnancy, past year** |
| **Overall**  **(95% Confidence Interval)** | | **80.2 (75.9 - 83.9)** | **52.1 (45.9 - 58.2)** | **63.9 (57.9 - 69.5)** | **60.4 (58.3 - 62.4)** |
| **Grade** | **9th Grade** | 67.0  (57.9 - 75.0) | 37.1  (25.9 - 49.9) | 42.1  (31.7 - 53.2) | 61.3  (57.7 - 64.7) |
| **10th Grade** | 83.4  (78.2 - 87.5) | 61.1  (52.3 - 69.2) | 71.2  (62.3 - 78.7) | 58.5  (53.7 - 63.2) |
| **11th Grade** | 86.8  (81.9 - 90.5) | 55.3  (47.6 - 62.7) | 74.0  (66.6 - 80.3) | 58.0  (53.6 - 62.3) |
| **12th Grade** | 85.0  (80.7 - 88.5) | 55.7  (47.0 - 64.1) | 70.4  (63.3 - 76.7) | 63.5  (57.6 - 69.0) |
| **Gender** | **Male** | 80.0  (75.7 - 83.7) | 53.8  (47.7 - 59.7) | 62.8  (57.4 - 67.9) | 63.9  (60.8 - 66.9) |
| **Female** | 80.5  (75.4 - 84.8) | 50.5  (43.4 - 57.6) | 65.0  (57.6 - 71.8) | 56.8  (54.0 - 59.6) |
| **Race/Ethnicity** | **White, NH** | 80.7  (74.6 - 85.6) | 48.8  (42.1 - 55.5) | 61.9  (54.6 - 68.6) | 59.9  (57.1 - 62.6) |
| **Black, NH** | 81.9  (77.9 - 85.4) | 63.6  (54.6 - 71.9) | 71.5  (64.3 - 77.8) | 62.5  (52.0 - 71.9) |
| **Hispanic** | 82.7  (78.6 - 86.1) | 65.9  (58.6 - 72.6) | 70.8  (63.9 - 76.9) | 58.1  (51.1 - 64.7) |
| **Asian, NH** | 74.8  (61.8 - 84.5) | - | 61.7  (49.1 - 73.0) | 70.4  (62.1 - 77.5) |
| **Multiracial, NH** | 78.4  (69.0 - 85.5) | - | 59.4  (48.2 - 69.7) | - |
| **Sexual Orientation** | **Heterosexual** | 81.0  (76.9-84.5) | 52.3 (46.0-58.6) | 64.2  (58.0-69.9) | 60.3  (58.0-62.5) |
| **Gay, Lesbian, and Bisexual** | 79.9  (70.6-86.7) | 54.1 (45.7-62.2) | 63.8  (55.8-71.1) | 59.3  (52.9-65.4) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

# OTHER HEALTH CONDITIONS and RELATED FACTORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 1 OF 2)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts High School Students who reported:** | | **^Seeing a dentist, past year** | **^Having a cavity,**  **past year** | **^Being examined by a dentist or hygienist at school, past year** |
| **Overall (95% Confidence Interval)** | | **89.0**  **(86.8 - 91.2)** | **29.7**  **(27.2 - 32.2)** | **6.6**  **(5.1 - 8.1)** |
| **Grade** | **9th Grade** | 90.6  (88.0 - 93.2) | 27.4  (23.4 - 31.5) | 7.2  (4.6 - 9.8) |
| **10th Grade** | 89.9  (86.1 - 93.8) | 29.1  (24.3 - 33.8) | 7.1  (4.1 - 10.0) |
| **11th Grade** | 91.1  (88.0 - 94.2) | 29.4  (25.1 - 33.8) | 6.5  (3.9 - 9.1) |
| **12th Grade** | 84.6  (79.8 - 89.4) | 32.6  (28.0 - 37.2) | 5.6  (3.8 - 7.3) |
| **Gender** | **Male** | 88.1  (85.5 - 90.7) | 28.6  (25.2 - 31.9) | 8.1  (5.8 - 10.4) |
| **Female** | 90.1  (87.7 - 92.6) | 30.9  (27.4 - 34.4) | 5.2  (3.9 - 6.5) |
| **Race/Ethnicity** | **White, NH** | 93.2  (91.3 - 95.0) | 27.1  (24.4 - 29.8) | 4.7  (3.3 - 6.0) |
| **Black, NH** | 78  (71.5 - 84.6) | 36.2  (26.7 - 45.7) | 15.9  (10.3 - 21.4) |
| **Hispanic** | 82.1  (77.4 - 86.7) | 37.9  (33.9 - 41.8) | 10.7  (7.8 - 13.6) |
| **Asian, NH** | 84.4  (77.1 - 91.8) | 31.7  (22.8 - 40.6) | - |
| **Multiracial, NH** | - | - | - |
| **Sexual Orientation** | **Heterosexual** | 90.0  (87.9 - 92.1) | 29.2  (26.6 - 31.8) | 6.4  (4.8 - 7.9) |
| **Gay, Lesbian, and Bisexual** | 82.2  (76.4 - 87.9) | 33.5  (25.5 - 41.5) | - |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial   
categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to   
insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100   
respondents and/or the relative standard error was >30%.

**OTHER HEALTH CONDITIONS and RELATED FACTORS – MASSACHUSETTS HIGH SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Percentage of Massachusetts High School Students who reported: | | ^Having diabetes | ^Having a physical disability or long-term health problem | ^Having a long-term emotional or learning disability | A non-English language mostly or always being spoken in their home |
| Overall  (95% Confidence Interval) | | **1.2**  **(0.8 - 1.7)** | **14.7**  **(13.1 - 16.3)** | **18.2**  **(16.2 - 20.2)** | **19.2  (16.0 - 22.8)** |
| Grade | **9th Grade** | - | 15.9  (12.6 - 19.2) | 20.3  (16.2 - 24.3) | 17.1  (10.5 - 26.6) |
| **10th Grade** | - | 16.0  (13.2 - 18.9) | 20.4  (16.6 - 24.3) | 21.5  (14.5 - 30.7) |
| **11th Grade** | - | 13.3  (9.8 - 16.9) | 16.5  (13.1 - 19.9) | 17.9  (13.9 - 22.8) |
| **12th Grade** | - | 13.0  (10.0 - 16.0) | 15.1  (11.7 - 18.6) | 19.9  (15.2 - 25.5) |
| Gender | **Male** | 1.3  (0.7 - 1.9) | 12.8  (10.9 - 14.7) | 17.1  (14.8 - 19.5) | 17.6  (14.4 - 21.2) |
| **Female** | 1.1  (0.5 - 1.7) | 16.0  (13.7 - 18.4) | 19.2  (16.3 - 22.0) | 21.0  (17.1 - 25.5) |
| Race/Ethnicity | **White, NH** | 0.9  (0.4 - 1.4) | 15.8  (13.7 - 17.8) | 19.2  (16.8 - 21.6) | 6.9  (5.3 - 9.1) |
| **Black, NH** | - | 11.2  (7.4 - 15.0) | 11.8  (6.7 - 17.0) | 44.3  (35.6 - 53.4) |
| **Hispanic** | 2.6  (1.1 - 4.1) | 10.5  (7.3 - 13.6) | 17.1  (11.6 - 22.5) | 59.6  (52.9 - 66.0) |
| **Asian, NH** | - | 7.8  (3.3 - 12.4) | 12.3  (6.1 - 18.5) | 50.8  (40.9 - 60.5) |
| **Multiracial, NH** | - | - | - | - |
| Sexual Orientation | **Heterosexual** | 1.0  (0.6 - 1.5) | 13.4  (11.7 - 15.1) | 15.7  (13.6 - 17.8) | 19.1   (15.8-22.9) |
| **Gay, Lesbian, and Bisexual** | - | 30.6 (23.0 - 38.1) | 45.1 (36.3 - 54.0) | 17.7  (12.5 - 24.3) |

Data source: Massachusetts Youth Risk Behavior Survey 2015 unless noted (^), in which the data was from the Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard error was >30%.

**OTHER HEALTH CONDITIONS and RELATED FACTORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 1 OF 2)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Seeing a dentist,**  **past year** | **Having a cavity, past year** | **Being examined by a dentist or hygienist at school, past year** |
| **Overall**  **(95% Confidence Interval)** | | **89.0**  **(87.2 - 90.7)** | **26.2**  **(24.3 - 28.0)** | **8.7**  **(6.9 - 10.6)** |
| **Grade** | **6th Grade** | 88.7  (85.9 - 91.4) | 24.5  (21.6 - 27.4) | 8.4  (5.5 - 11.4) |
| **7th Grade** | 88.5  (86.2 - 90.9) | 27.1  (24.1 - 30.0) | 10.2  (7.6 - 12.7) |
| **8th Grade** | 89.9  (87.5 - 92.3) | 26.8  (23.5 - 30.1) | 7.7  (5.1 - 10.3) |
| **Gender** | **Male** | 87.6  (85.5 - 89.8) | 25.4  (23.3 - 27.5) | 8.9  (6.9 - 11.0) |
| **Female** | 90.7  (88.9 - 92.5) | 26.9  (24.3 - 29.6) | 8.5  (6.2 - 10.8) |
| **Race/Ethnicity** | **White, NH** | 92.8  (91.6 - 94.0) | 25.3  (23.0 - 27.5) | 5.3  (3.7 - 6.9) |
| **Black, NH** | 75.5  (69.1 - 81.9) | 28.5  (21.9 - 35.2) | 20.6  (13.1 - 28.0) |
| **Hispanic** | 81.2  (77.0 - 85.5) | 28.5  (23.9 - 33.0) | 16.3  (12.0 - 20.6) |
| **Asian, NH** | 95.7  (92.2 - 99.2) | - | - |
| **Multiracial, NH** | 89.3  (83.2 - 95.4) | 30.6  (23.0 - 38.2) | 10.1  (4.6 - 15.5) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories   
refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample sizes for  
a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the relative standard   
error was >30%.

**OTHER HEALTH CONDITIONS and RELATED FACTORS – MASSACHUSETTS MIDDLE SCHOOL STUDENTS (PART 2 OF 2)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Percentage of Massachusetts Middle School Students who reported:** | | **Having diabetes** | **Having a physical disability or long-term health problem** | **Having a long-term emotional or learning disability** |
| **Overall**  **(95% Confidence Interval)** | | **1.3**  **(0.8 - 1.8)** | **11.8**  **(10.4 - 13.2)** | **12.8**  **(11.3 - 14.4)** |
| **Grade** | **6th Grade** | 1.7  (0.8 - 2.5) | 8.9  (6.8 - 10.9) | 8.8  (6.7 - 10.8) |
| **7th Grade** | 1.3  (0.5 - 2.0) | 13.0  (10.3 - 15.6) | 14.7  (11.9 - 17.5) |
| **8th Grade** | 1.1  (0.5 - 1.7) | 13.6  (11.0 - 16.1) | 14.7  (11.6 - 17.9) |
| **Gender** | **Male** | - | 10.1  (8.3 - 11.8) | 10.7  (8.9 - 12.4) |
| **Female** | 1.5  (0.9 - 2.2) | 13.6  (11.4 - 15.7) | 15.0  (12.7 - 17.3) |
| **Race/Ethnicity** | **White, NH** | 0.9  (0.5 - 1.3) | 13.4  (11.6 - 15.3) | 13.3  (11.2 - 15.5) |
| **Black, NH** | - | 12.6  (6.6 - 18.5) | - |
| **Hispanic** | - | 9.3  (6.2 - 12.4) | 13.6  (9.8 - 17.4) |
| **Asian, NH** | - | - | 11.2  (4.9 - 17.5) |
| **Multiracial, NH** | - | - | 17.4  (8.6 - 26.2) |

Data source: Massachusetts Youth Health Survey 2015.

Footnote: Statistically significant difference between percentages can be assessed if their 95% confidence intervals do not overlap. White, Black, Asian, and Multiracial categories   
refer to non-Hispanic (NH). Categories of American Indian or Alaskan Native and Native Hawaiian or Other Pacific Islander were not presented due to insufficient sample   
sizes for a majority of survey questions. Estimates and their 95% confidence intervals were suppressed (-) if the underlying sample size was <100 respondents and/or the   
relative standard error was >30%.

**DATA TABLES: ANALYSIS and STATISTICS PRESENTED**

Data on key health and safety indicators are presented overall and by gender, grade, and race/ethnicity for both middle and high school students, as well as by sexual orientation for high school students. Results for high school students are from the MYRBS, except for a few instances when the data are from the MYHS and are noted (^). All middle school results are from the MYHS.

All data collected for the MYRBS and the MYHS are self-reported from Massachusetts public school students. Self-reported data may be subject to error for several reasons, including inaccurate recall of events.[[3]](#footnote-3)[1] Students in private schools, state custody, or other educational settings are not represented. Students who have severe limitations or disabilities, or who are often absent from school may be under-represented. Additionally, data presented are univariate, descriptive percentages. No multivariate analysis was performed on these data. In addition, all data presented are voluntary and cross-sectional, and thus should not be used to assess causality.

Percent estimates presented in these tables are weighted (i.e., adjusted for nonresponse and distribution of students by grade, sex and race/ethnicity) in order to be representative of high school and middle school students across Massachusetts. They are calculated based on the percentage of students who answered “Yes” over all students who responded to the respective question. Students who responded “Don’t know” or refused to respond were excluded from the analysis unless otherwise noted. Since survey estimates are based on a random sample of public school students (instead of a census), a 95% confidence interval is provided for each percent estimate. Statistical significant difference between percent estimates can be determined if their 95% confidence intervals do not overlap. Data are not presented if the underlying sample size is less than 100 respondents and/or the relative standard error is above 30%.

1. Statistically significant differences between 2015 and 2013 estimates were determined based on non-overlapping weighted percent 95% confidence intervals. [↑](#footnote-ref-1)
2. Analysis of trends from 2007 to 2015 was using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [↑](#footnote-ref-2)
3. [1]National Center for Health Statistics. (January 11, 2007). Reliability of Survey Estimates. Retrieved August 2, 2007, from <http://www.cdc.gov/nchs/about/major/ahcd/reliability.htm> [↑](#footnote-ref-3)